San Diego High School Survey
10-year Trend Analysis Report

Total
Injury and Violence

Health Risk Behavior and Percentages						Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			
QN9: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle, one or more times during the 30 days before the survey)								
24.0	19.8	19.8	15.5	14.3	12.0	Decreased, 2011-2021	No quadratic change	No change
QN10: Percentage of students who drove a car or other vehicle when they had been drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)								
	7.6	7.4	8.0	5.6	5.4	No linear change	Not available[§]	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Total
Injury and Violence

Health Risk Behavior and Percentages						Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			
QN11: Percentage of students who texted or e-mailed while driving a car or other vehicle (on at least 1 day during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)								
	31.8	33.2	29.9	27.6	22.9	Decreased, 2013-2021	Not available[§]	No change
QN12: Percentage of students who carried a weapon on school property (such as a gun, knife, or club, on at least 1 day during the 30 days before the survey)								
4.5	2.6	3.3	4.1	3.0	3.2	No linear change	No quadratic change	No change
QN13: Percentage of students who carried a gun (not counting the days when they carried a gun only for hunting or for a sport such as target shooting, on at least 1 day during the 12 months before the survey)								
			3.6	2.6	2.8	No linear change	Not available	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Total
Injury and Violence

Health Risk Behavior and Percentages						Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			

QN14: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)

| 6.1 | 5.7 | 4.5 | 5.8 | 7.6 | 5.2 | No linear change | No quadratic change | Decreased |

QN15: Percentage of students who were threatened or injured with a weapon on school property (such as a gun, knife, or club, one or more times during the 12 months before the survey)

| 6.7 | 4.3 | 4.6 | 5.3 | 5.3 | 4.4 | No linear change | No quadratic change | No change |

QN17: Percentage of students who were in a physical fight on school property (one or more times during the 12 months before the survey)

| 10.9 | 5.9 | 6.8 | 9.5 | 9.4 | 6.8 | No linear change | No quadratic change | No change |

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.

San Diego High School Survey
10-year Trend Analysis Report

Total
Injury and Violence

		Health Risk Behavior and Percentages				Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	2013	2015	2017	2019	2021			

QN19: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)

2011	2013	2015	2017	2019	2021	Linear Change	Quadratic Change	Change
6.9	7.5	7.4	6.8	5.9	7.3	No linear change	No quadratic change	No change

QN21: Percentage of students who experienced sexual dating violence (being forced by someone they were dating or going out with to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)

2011	2013	2015	2017	2019	2021	Linear Change	Quadratic Change	Change
	11.0	10.7	12.6	10.4	13.5	No linear change	Not available[§]	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

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San Diego High School Survey
10-year Trend Analysis Report

Total
Injury and Violence

	Health Risk Behavior and Percentages						Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	**2013**	**2015**	**2017**	**2019**	**2021**				

QN22: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)

	7.4	7.8	5.2	6.1	6.5	No linear change	Not available[§]	No change

QN23: Percentage of students who were bullied on school property (ever during the 12 months before the survey)

15.6	15.4	16.7	16.0	13.6	11.6	Decreased, 2011-2021	No change, 2011-2017 Decreased, 2017-2021	No change

QN24: Percentage of students who were electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media, ever during the 12 months before the survey)

12.4	14.4	14.0	12.6	10.9	15.4	No linear change	No quadratic change	Increased

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Total
Injury and Violence

Health Risk Behavior and Percentages						Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			
QN25: Percentage of students who felt sad or hopeless (almost every day for >=2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey)								
25.6	29.6	29.1	31.6	35.1	42.5	Increased, 2011-2021	Increased, 2011-2017 Increased, 2017-2021	Increased
QN26: Percentage of students who seriously considered attempting suicide (during the 12 months before the survey)								
13.3	15.5	16.5	16.1	17.4	22.2	Increased, 2011-2021	No quadratic change	Increased
QN28: Percentage of students who actually attempted suicide (one or more times during the 12 months before the survey)								
9.1	8.4	8.9	7.1	7.8	9.5	No linear change	No quadratic change	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.

San Diego High School Survey
10-year Trend Analysis Report

Total
Injury and Violence

	Health Risk Behavior and Percentages					Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			

QN29: Percentage of students who had a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (during the 12 months before the survey)

2011	2013	2015	2017	2019	2021	Linear	Quadratic	Change
3.0	2.3	1.9	1.5	1.9	2.9	No linear change	Decreased, 2011-2017 Increased, 2017-2021	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.

San Diego High School Survey
10-year Trend Analysis Report

Total
Tobacco Use

Health Risk Behavior and Percentages						Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			
QN32: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)								
14.2	8.9	7.1	4.2	3.2	2.6	Decreased, 2011-2021	No quadratic change	No change
QNFRCIG: Percentage of students who currently smoked cigarettes frequently (on 20 or more days during the 30 days before the survey)								
3.7	1.1	1.3	0.8	0.6	0.6	Decreased, 2011-2021	No quadratic change	No change
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)								
1.5	0.5	0.9	0.7	0.5	0.6	No linear change	No quadratic change	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.

San Diego High School Survey
10-year Trend Analysis Report

**Total
Tobacco Use**

Health Risk Behavior and Percentages						Linear Change[*]	Quadratic Change[*]	Change from 2019-2021[†]
2011	2013	2015	2017	2019	2021			

QN33: Percentage of students who smoked more than 10 cigarettes per day (on the days they smoked during the 30 days before the survey, among students who currently smoked cigarettes)

2011	2013	2015	2017	2019	2021	Linear Change	Quadratic Change	Change from 2019-2021
2.8	3.5	7.2	7.0	2.8	23.5	Increased, 2011-2021	No quadratic change	No change

QN34: Percentage of students who ever used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu])

2011	2013	2015	2017	2019	2021	Linear Change	Quadratic Change	Change from 2019-2021
		44.9	38.1	41.4	30.5	Decreased, 2015-2021	Not available[§]	Decreased

QN35: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey)

2011	2013	2015	2017	2019	2021	Linear Change	Quadratic Change	Change from 2019-2021
		21.6	7.7	16.0	11.6	Decreased, 2015-2021	Not available	Decreased

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

**Total
Tobacco Use**

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 [†]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)								
		2.5	1.1	4.7	3.0	Increased, 2015-2021	Not available[§]	No change
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)								
		1.9	0.7	2.8	1.8	No linear change	Not available	No change
QNTB5: Percentage of students who currently smoked cigarettes or used electronic vapor products (on at least 1 day during the 30 days before the survey)								
		23.1	8.8	16.0	11.9	Decreased, 2015-2021	Not available	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Total
Alcohol and Other Drug Use

Health Risk Behavior and Percentages						Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	2013	2015	2017	2019	2021			
QN41: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)								
33.0	28.7	24.8	24.9	22.3	21.5	Decreased, 2011-2021	No quadratic change	No change
QN42: Percentage of students who currently were binge drinking (had four or more drinks of alcohol in a row if they were female or five or more drinks of alcohol in a row if they were male, within a couple of hours, on at least 1 day during the 30 days before the survey)								
			11.4	8.4	10.3	No linear change	Not available[§]	No change
QN46: Percentage of students who tried marijuana for the first time before age 13 years								
10.6	8.5	7.5	6.9	5.9	6.8	Decreased, 2011-2021	No quadratic change	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Total
Alcohol and Other Drug Use

Health Risk Behavior and Percentages						Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	2013	2015	2017	2019	2021			
QN47: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)								
24.0	21.9	18.0	20.2	21.5	14.6	Decreased, 2011-2021	No quadratic change	Decreased
QN48: Percentage of students who ever used synthetic marijuana (one or more times during their life)								
		8.3	6.2	6.1	7.2	No linear change	Not available[§]	No change
QN49: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet, one or more times during their life)								
		10.8	13.4	10.7		No linear change	Not available	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Total
Alcohol and Other Drug Use

Health Risk Behavior and Percentages						Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			
QN50: Percentage of students who ever used cocaine (any form of cocaine, including powder, crack, or freebase, one or more times during their life)								
8.4	6.9	5.3	4.4	3.8	3.2	Decreased, 2011-2021	No quadratic change	No change
QN52: Percentage of students who ever used heroin (also called "smack," "junk," or "China White," one or more times during their life)								
		2.5	1.6	1.2	1.7	Decreased, 2015-2021	Not available[§]	No change
QN53: Percentage of students who ever used methamphetamines (also called "speed," "crystal meth," "crank," "ice," or "meth," one or more times during their life)								
4.9	2.9	3.6	2.0	1.6	1.8	Decreased, 2011-2021	No quadratic change	No change
QN54: Percentage of students who ever used ecstasy (also called "MDMA" or "Molly," one or more times during their life)								
16.1	10.7	6.9	4.4	2.9	2.8	Decreased, 2011-2021	No quadratic change	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Total
Alcohol and Other Drug Use

		Health Risk Behavior and Percentages				Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			

QN55: Percentage of students who ever injected any illegal drug (used a needle to inject any illegal drug into their body, one or more times during their life)

| 2.9 | 2.1 | 2.1 | 1.4 | 1.1 | 2.2 | No linear change | No quadratic change | No change |

QN56: Percentage of students who were offered, sold, or given an illegal drug on school property (during the 12 months before the survey)

| 32.0 | 30.1 | 27.6 | 27.3 | 25.7 | 20.0 | Decreased, 2011-2021 | No quadratic change | Decreased |

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.

San Diego High School Survey
10-year Trend Analysis Report

**Total
Sexual Behaviors**

		Health Risk Behavior and Percentages				**Linear Change**[*]	**Quadratic Change**[*]	**Change from 2019-2021** [†]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			

QN57: Percentage of students who ever had sexual intercourse

42.5	36.6	32.0	31.0	29.6	20.6	Decreased, 2011-2021	No quadratic change	Decreased

QN58: Percentage of students who had sexual intercourse for the first time before age 13 years

6.1	4.4	3.5	2.7	2.0	2.5	Decreased, 2011-2021	No quadratic change	No change

QN59: Percentage of students who had sexual intercourse with four or more persons during their life

11.9	8.2	6.8	5.9	5.1	3.1	Decreased, 2011-2021	No quadratic change	Decreased

QN60: Percentage of students who were currently sexually active (had sexual intercourse with at least one person, during the 3 months before the survey)

27.8	24.3	22.3	20.3	19.8	13.1	Decreased, 2011-2021	No quadratic change	Decreased

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.

San Diego High School Survey
10-year Trend Analysis Report

**Total
Sexual Behaviors**

Health Risk Behavior and Percentages						Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	2013	2015	2017	2019	2021			

QN61: Percentage of students who drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active)

2011	2013	2015	2017	2019	2021	Linear Change	Quadratic Change	Change from 2019-2021
21.9	18.4	19.8	20.0	20.2	24.6	No linear change	No quadratic change	No change

QN62: Percentage of students who used a condom during last sexual intercourse (among students who were currently sexually active)

2011	2013	2015	2017	2019	2021	Linear Change	Quadratic Change	Change from 2019-2021
58.6	56.6	59.0	55.8	54.3	53.2	No linear change	No quadratic change	No change

QN82: Percentage of students who were ever tested for human immunodeficiency virus (HIV) (not counting tests done if they donated blood)

2011	2013	2015	2017	2019	2021	Linear Change	Quadratic Change	Change from 2019-2021
	13.9	11.9	10.2	9.1	4.7	Decreased, 2013-2021	Not available[§]	Decreased

QN83: Percentage of students who were tested for a sexually transmitted disease (STD) other than HIV, such as chlamydia or gonorrhea (during the 12 months before the survey)

2011	2013	2015	2017	2019	2021	Linear Change	Quadratic Change	Change from 2019-2021
				7.2	4.1	Decreased, 2019-2021	Not available	Decreased

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
[†]Based on t-test analysis, p < 0.05.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Total
Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages						Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	2013	2015	2017	2019	2021			

QNOWT: Percentage of students who were overweight (>= 85th percentile but <95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts)[§]

2011	2013	2015	2017	2019	2021	Linear Change	Quadratic Change	Change from 2019-2021
16.0	16.4	16.6	14.9	15.8	14.0	No linear change	No quadratic change	No change

QNOBESE: Percentage of students who had obesity (>= 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts)[§]

2011	2013	2015	2017	2019	2021	Linear Change	Quadratic Change	Change from 2019-2021
11.4	11.4	11.5	12.9	10.4	13.8	No linear change	No quadratic change	Increased

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

San Diego High School Survey
10-year Trend Analysis Report

Total
Physical Activity

Health Risk Behavior and Percentages						Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			
QN77: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)								
45.7	49.3	51.1	47.6	46.0	46.0	No linear change	Increased, 2011-2015 Decreased, 2015-2021	No change
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)								
17.0	15.9	13.2	14.3	14.5	16.2	No linear change	Decreased, 2011-2015 Increased, 2015-2021	No change
QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)								
24.8	26.9	27.0	23.0	22.2	20.1	Decreased, 2011-2021	No change, 2011-2015 Decreased, 2015-2021	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.

San Diego High School Survey
10-year Trend Analysis Report

**Total
Physical Activity**

		Health Risk Behavior and Percentages				Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			

QN80: Percentage of students who played on at least one sports team (counting any teams run by their school or community groups, during the 12 months before the survey)

50.5	52.9	55.6	54.7	53.1	48.1	No linear change	Increased, 2011-2017 Decreased, 2017-2021	No change

QN81: Percentage of students who had a concussion from playing a sport or being physically active (one or more times during the 12 months before the survey)

			15.9	12.8	9.5	Decreased, 2017-2021	Not available[§]	Decreased

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

**Total
Other**

	Health Risk Behavior and Percentages					Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			

QN86: Percentage of students who got 8 or more hours of sleep (on an average school night)

| | | 28.1 | 27.2 | 24.7 | 31.5 | No linear change | Not available[§] | Increased |

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
[†]Based on t-test analysis, p < 0.05.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

**Total
Site-Added**

Health Risk Behavior and Percentages						Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	2013	2015	2017	2019	2021			
QN88: Percentage of students who are transgender								
			1.2	1.1	3.6	Increased, 2017-2021	Not available[§]	Increased
QN89: Percentage of students who think other people at school would describe them as equally feminine and masculine								
	10.4	11.6	12.8	14.4	13.7	Increased, 2013-2021	Not available	No change
QN90: Percentage of students who reported someone they were dating or going out with purposely tried to control them or emotionally hurt them one or more times (such things as being told who they could and could not spend time with, being humiliated in front of others, or being threatened if they did not do what they wanted, during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)								
			19.0	20.0	23.1	Increased, 2017-2021	Not available	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

**Total
Site-Added**

Health Risk Behavior and Percentages						Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	2013	2015	2017	2019	2021			
QN91: Percentage of students who have ever been given money, a place to stay, food, or something else of value in exchange for sex								
		3.2	2.5		2.9	No linear change	Not available[§]	No change
QN98: Percentage of students who have been harassed because someone thought they were gay, lesbian, or bisexual (one or more times during the 12 months before the survey)								
10.8	9.5	11.6	14.5	13.3	17.5	Increased, 2011-2021	No quadratic change	Increased
QN99: Percentage of students who have teased or called someone names because the students thought they were gay, lesbian, or bisexual (during the 12 months before the survey)								
				10.9	11.9	No linear change	Not available	No change
QN100: Percentage of students who had texted, e-mailed, or posted electronically a revealing or sexual photo of themselves (during the 30 days before the survey)								
		13.9	15.3	13.0	10.2	Decreased, 2015-2021	Not available	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Total Site-Added

Health Risk Behavior and Percentages						Linear Change[*]	Quadratic Change[*]	Change from 2019-2021[†]
2011	2013	2015	2017	2019	2021			

QN101: Percentage of students who reported a revealing or sexual photo of them had been texted, e-mailed, or posted electronically without their permission (during the 30 days before the survey)

		2.7	3.1	2.8	4.0	Increased, 2015-2021	Not available[§]	No change

QN102: Percentage of students who did something to purposely hurt themselves without wanting to die (such as cutting or burning themselves on purpose one or more times during the 12 months before the survey)

16.7	17.6	18.7	16.8	19.6	24.5	Increased, 2011-2021	No change, 2011-2017 Increased, 2017-2021	Increased

QN105: Percentage of students who reported their partners were three or more years older than themselves the first time they had sexual intercourse (among students who have had sexual intercourse)

17.0	16.9	14.2	14.7	9.0	11.2	Decreased, 2011-2021	No quadratic change	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Total Site-Added

		Health Risk Behavior and Percentages				Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	2013	2015	2017	2019	2021			

QN106: Percentage of students who have been pregnant or gotten someone pregnant (one or more times)

| 5.7 | 2.8 | 2.7 | 2.2 | 2.0 | 1.7 | Decreased, 2011-2021 | No quadratic change | No change |

QN107: Percentage of students who have ever participated in oral sex

| 38.2 | 37.3 | 35.7 | 33.8 | 32.7 | 25.8 | Decreased, 2011-2021 | Decreased, 2011-2017 Decreased, 2017-2021 | Decreased |

QN112: Percentage of students who have been taught about AIDS or HIV infection in school

| | | | | 84.9 | 79.4 | Decreased, 2019-2021 | Not available[§] | Decreased |

QN113: Percentage of students who have ever been taught in school about how to use a condom to prevent pregnancy or sexually transmitted diseases (STDs) (including HIV)

| | | | 84.8 | 86.2 | 77.8 | Decreased, 2017-2021 | Not available | Decreased |

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

**Total
Site-Added**

Health Risk Behavior and Percentages						Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			
QN114: Percentage of students who have ever been taught in school about where they could get sexual health services (such as birth control, condoms, or HIV or other sexually transmitted disease (STD) testing or treatment)								
			77.5	79.3	63.5	Decreased, 2017-2021	Not available[§]	Decreased
QN115: Percentage of students who had a teacher or other adult in their school help them find a place where they could get tested for HIV or other sexually transmitted diseases (STDs) (among students who needed to find a place for HIV or other STD testing during the 12 months before the survey)								
			29.7	20.7	15.4	Decreased, 2017-2021	Not available	No change
QN116: Percentage of students who had a teacher or other adult in their school help them find a place where they could get birth control (among students who needed to find a place to get birth control during the 12 months before the survey)								
			29.3	24.5	25.5	No linear change	Not available	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

**Total
Site-Added**

		Health Risk Behavior and Percentages				Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			

QN117: Percentage of students who disagree or strongly disagree that their school has clear consequences for students who bully or harass other students

		20.0	20.1	24.0	20.6	No linear change	Not available[§]	Decreased

QN125: Percentage of students who strongly agree or agree that they feel close to people at their school

				68.9	56.7	Decreased, 2019-2021	Not available	Decreased

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Male
Injury and Violence

Health Risk Behavior and Percentages						Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	2013	2015	2017	2019	2021			
QN9: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle, one or more times during the 30 days before the survey)								
23.8	19.2	18.8	14.8	14.3	9.9	Decreased, 2011-2021	No quadratic change	Decreased
QN10: Percentage of students who drove a car or other vehicle when they had been drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)								
	10.0	10.3	8.8	7.9	5.3	Decreased, 2013-2021	Not available[§]	No change
QN11: Percentage of students who texted or e-mailed while driving a car or other vehicle (on at least 1 day during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)								
	32.4	33.8	26.4	27.0	24.7	Decreased, 2013-2021	Not available	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Male
Injury and Violence

Health Risk Behavior and Percentages						Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	2013	2015	2017	2019	2021			

QN12: Percentage of students who carried a weapon on school property (such as a gun, knife, or club, on at least 1 day during the 30 days before the survey)

2011	2013	2015	2017	2019	2021	Linear Change	Quadratic Change	Change from 2019-2021
6.5	4.2	4.8	6.2	3.9	4.4	No linear change	No quadratic change	No change

QN13: Percentage of students who carried a gun (not counting the days when they carried a gun only for hunting or for a sport such as target shooting, on at least 1 day during the 12 months before the survey)

2011	2013	2015	2017	2019	2021	Linear Change	Quadratic Change	Change from 2019-2021
			5.5	3.7	3.8	No linear change	Not available[§]	No change

QN14: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)

2011	2013	2015	2017	2019	2021	Linear Change	Quadratic Change	Change from 2019-2021
5.4	4.4	4.1	4.9	5.0	4.6	No linear change	No quadratic change	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Male
Injury and Violence

Health Risk Behavior and Percentages						Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	2013	2015	2017	2019	2021			

QN15: Percentage of students who were threatened or injured with a weapon on school property (such as a gun, knife, or club, one or more times during the 12 months before the survey)

8.5	6.2	6.1	7.0	7.4	6.0	No linear change	No quadratic change	No change

QN17: Percentage of students who were in a physical fight on school property (one or more times during the 12 months before the survey)

13.3	8.8	10.6	12.4	12.0	9.3	No linear change	No quadratic change	No change

QN19: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)

5.9	6.0	5.9	4.9	2.5	4.2	Decreased, 2011-2021	No quadratic change	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.

San Diego High School Survey
10-year Trend Analysis Report

Male
Injury and Violence

		Health Risk Behavior and Percentages				Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	2013	2015	2017	2019	2021			

QN21: Percentage of students who experienced sexual dating violence (being forced by someone they were dating or going out with to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)

	6.4	5.9	7.4	3.3	6.5	No linear change	Not available[§]	No change

QN22: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)

	6.5	6.4	4.9	4.7	5.0	No linear change	Not available	No change

QN23: Percentage of students who were bullied on school property (ever during the 12 months before the survey)

13.8	13.3	14.3	13.1	9.9	11.8	Decreased, 2011-2021	No quadratic change	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Male
Injury and Violence

Health Risk Behavior and Percentages						Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			

QN24: Percentage of students who were electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media, ever during the 12 months before the survey)

2011	2013	2015	2017	2019	2021	Linear	Quadratic	Change
8.6	10.3	10.7	9.2	7.6	12.7	No linear change	No quadratic change	Increased

QN25: Percentage of students who felt sad or hopeless (almost every day for >=2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey)

2011	2013	2015	2017	2019	2021	Linear	Quadratic	Change
18.5	19.3	19.9	21.2	22.1	29.3	Increased, 2011-2021	No quadratic change	Increased

QN26: Percentage of students who seriously considered attempting suicide (during the 12 months before the survey)

2011	2013	2015	2017	2019	2021	Linear	Quadratic	Change
10.4	11.2	12.1	11.3	12.1	14.5	Increased, 2011-2021	No quadratic change	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.

San Diego High School Survey
10-year Trend Analysis Report

Male
Injury and Violence

	Health Risk Behavior and Percentages						Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	2013	2015	2017	2019	2021			

QN28: Percentage of students who actually attempted suicide (one or more times during the 12 months before the survey)

2011	2013	2015	2017	2019	2021	Linear Change	Quadratic Change	Change from 2019-2021
6.9	6.5	6.9	4.7	4.7	6.4	No linear change	No quadratic change	No change

QN29: Percentage of students who had a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (during the 12 months before the survey)

2011	2013	2015	2017	2019	2021	Linear Change	Quadratic Change	Change from 2019-2021
2.7	2.0	1.7	0.9	1.0	2.6	No linear change	Decreased, 2011-2017 Increased, 2017-2021	Increased

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.

San Diego High School Survey
10-year Trend Analysis Report

Male
Tobacco Use

		Health Risk Behavior and Percentages				Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			
QN32: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)								
15.9	9.1	8.3	4.4	2.8	2.2	Decreased, 2011-2021	No quadratic change	No change
QNFRCIG: Percentage of students who currently smoked cigarettes frequently (on 20 or more days during the 30 days before the survey)								
4.4	1.8	2.2	1.2	0.8	0.8	Decreased, 2011-2021	No quadratic change	No change
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)								
1.9	0.7	1.5	1.0	0.6	0.8	No linear change	No quadratic change	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.

San Diego High School Survey
10-year Trend Analysis Report

Male
Tobacco Use

	Health Risk Behavior and Percentages					Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			

QN34: Percentage of students who ever used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu])

		47.8	37.3	37.9	24.3	Decreased, 2015-2021	Not available[§]	Decreased

QN35: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey)

		25.4	8.5	13.8	8.7	Decreased, 2015-2021	Not available	Decreased

QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)

		4.1	1.6	4.6	2.5	No linear change	Not available	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Male
Tobacco Use

	Health Risk Behavior and Percentages					Linear Change[*]	Quadratic Change[*]	Change from 2019-2021[†]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			

QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)

| | | 3.3 | 1.1 | 3.3 | 1.6 | No linear change | Not available[§] | No change |

QNTB5: Percentage of students who currently smoked cigarettes or used electronic vapor products (on at least 1 day during the 30 days before the survey)

| | | 27.0 | 9.0 | 13.7 | 8.9 | Decreased, 2015-2021 | Not available | Decreased |

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Male
Alcohol and Other Drug Use

Health Risk Behavior and Percentages						Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			
QN41: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)								
33.6	27.6	23.6	20.8	18.9	17.5	Decreased, 2011-2021	No quadratic change	No change
QN42: Percentage of students who currently were binge drinking (had four or more drinks of alcohol in a row if they were female or five or more drinks of alcohol in a row if they were male, within a couple of hours, on at least 1 day during the 30 days before the survey)								
			9.1	7.9	8.1	No linear change	Not available[§]	No change
QN46: Percentage of students who tried marijuana for the first time before age 13 years								
12.5	10.6	11.1	8.4	6.9	6.4	Decreased, 2011-2021	No quadratic change	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Male
Alcohol and Other Drug Use

Health Risk Behavior and Percentages						Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	2013	2015	2017	2019	2021			

QN47: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)

2011	2013	2015	2017	2019	2021	Linear	Quadratic	Change
26.4	22.3	20.6	18.2	17.1	12.1	Decreased, 2011-2021	No quadratic change	Decreased

QN48: Percentage of students who ever used synthetic marijuana (one or more times during their life)

		9.8	6.0	4.9	5.8	Decreased, 2015-2021	Not available[§]	No change

QN49: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet, one or more times during their life)

		9.8	11.0	7.1		No linear change	Not available	Decreased

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Male
Alcohol and Other Drug Use

Health Risk Behavior and Percentages						Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	2013	2015	2017	2019	2021			
QN50: Percentage of students who ever used cocaine (any form of cocaine, including powder, crack, or freebase, one or more times during their life)								
9.8	9.1	7.8	4.6	4.0	3.0	Decreased, 2011-2021	No quadratic change	No change
QN52: Percentage of students who ever used heroin (also called "smack," "junk," or "China White," one or more times during their life)								
		4.1	2.4	1.4	2.0	Decreased, 2015-2021	Not available[§]	No change
QN53: Percentage of students who ever used methamphetamines (also called "speed," "crystal meth," "crank," "ice," or "meth," one or more times during their life)								
6.4	4.5	5.2	2.5	1.6	1.9	Decreased, 2011-2021	No quadratic change	No change
QN54: Percentage of students who ever used ecstasy (also called "MDMA" or "Molly," one or more times during their life)								
15.4	10.6	8.2	5.4	3.7	2.5	Decreased, 2011-2021	No quadratic change	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Male
Alcohol and Other Drug Use

Health Risk Behavior and Percentages						Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	2013	2015	2017	2019	2021			

QN55: Percentage of students who ever injected any illegal drug (used a needle to inject any illegal drug into their body, one or more times during their life)

2011	2013	2015	2017	2019	2021	Linear Change	Quadratic Change	Change from 2019-2021
4.1	3.0	3.4	2.0	1.1	2.7	Decreased, 2011-2021	No quadratic change	Increased

QN56: Percentage of students who were offered, sold, or given an illegal drug on school property (during the 12 months before the survey)

2011	2013	2015	2017	2019	2021	Linear Change	Quadratic Change	Change from 2019-2021
37.0	30.5	29.7	28.2	26.0	19.2	Decreased, 2011-2021	No quadratic change	Decreased

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.

San Diego High School Survey
10-year Trend Analysis Report

Male
Sexual Behaviors

Health Risk Behavior and Percentages						Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			
QN57: Percentage of students who ever had sexual intercourse								
46.0	38.1	36.0	33.4	31.4	21.5	Decreased, 2011-2021	No quadratic change	Decreased
QN58: Percentage of students who had sexual intercourse for the first time before age 13 years								
9.3	6.7	5.6	3.9	2.1	2.9	Decreased, 2011-2021	No quadratic change	No change
QN59: Percentage of students who had sexual intercourse with four or more persons during their life								
14.9	11.2	10.5	8.2	6.8	3.9	Decreased, 2011-2021	No quadratic change	Decreased
QN60: Percentage of students who were currently sexually active (had sexual intercourse with at least one person, during the 3 months before the survey)								
29.4	24.3	24.4	19.9	19.4	13.1	Decreased, 2011-2021	No quadratic change	Decreased

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.

San Diego High School Survey
10-year Trend Analysis Report

Male
Sexual Behaviors

	Health Risk Behavior and Percentages					Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			
QN61: Percentage of students who drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active)								
27.4	24.4	23.1	20.5	20.5	27.9	No linear change	No quadratic change	No change
QN62: Percentage of students who used a condom during last sexual intercourse (among students who were currently sexually active)								
65.9	57.7	58.9	61.9	58.0	63.6	No linear change	No quadratic change	No change
QN82: Percentage of students who were ever tested for human immunodeficiency virus (HIV) (not counting tests done if they donated blood)								
	14.9	11.9	9.8	8.5	5.2	Decreased, 2013-2021	Not available[§]	Decreased
QN83: Percentage of students who were tested for a sexually transmitted disease (STD) other than HIV, such as chlamydia or gonorrhea (during the 12 months before the survey)								
				6.2	4.6	No linear change	Not available	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Male
Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages						Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			

QNOWT: Percentage of students who were overweight (>= 85th percentile but <95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts)[§]

| 18.5 | 15.5 | 15.3 | 15.6 | 14.1 | 13.2 | No linear change | No quadratic change | No change |

QNOBESE: Percentage of students who had obesity (>= 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts)[§]

| 15.5 | 15.9 | 15.3 | 17.0 | 12.3 | 17.3 | No linear change | No quadratic change | Increased |

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

San Diego High School Survey
10-year Trend Analysis Report

Male
Physical Activity

Health Risk Behavior and Percentages						Linear Change*	Quadratic Change*	Change from 2019-2021 [†]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			
QN77: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)								
54.3	55.7	59.0	54.4	51.3	51.8	No linear change	No quadratic change	No change
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)								
13.0	12.7	10.9	12.4	12.7	14.6	No linear change	No quadratic change	No change
QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)								
32.5	33.2	35.5	31.2	29.0	24.9	Decreased, 2011-2021	No change, 2011-2015 Decreased, 2015-2021	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
†Based on t-test analysis, $p < 0.05$.

San Diego High School Survey
10-year Trend Analysis Report

Male
Physical Activity

	Health Risk Behavior and Percentages						Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			

QN80: Percentage of students who played on at least one sports team (counting any teams run by their school or community groups, during the 12 months before the survey)

| 56.6 | 57.2 | 62.1 | 58.1 | 55.2 | 49.8 | Decreased, 2011-2021 | Increased, 2011-2015 Decreased, 2015-2021 | No change |

QN81: Percentage of students who had a concussion from playing a sport or being physically active (one or more times during the 12 months before the survey)

| | | | 18.6 | 14.1 | 11.3 | Decreased, 2017-2021 | Not available[§] | No change |

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Male
Other

		Health Risk Behavior and Percentages				Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			

QN86: Percentage of students who got 8 or more hours of sleep (on an average school night)

		32.3	31.2	27.9	36.7	No linear change	Not available[§]	Increased

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Male
Site-Added

		Health Risk Behavior and Percentages				**Linear Change**[*]	**Quadratic Change**[*]	**Change from 2019-2021**[†]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			
QN88: Percentage of students who are transgender								
			1.7	0.7	2.5	No linear change	Not available[§]	Increased
QN89: Percentage of students who think other people at school would describe them as equally feminine and masculine								
	8.7	11.3	14.2	10.9	12.0	No linear change	Not available	No change
QN90: Percentage of students who reported someone they were dating or going out with purposely tried to control them or emotionally hurt them one or more times (such things as being told who they could and could not spend time with, being humiliated in front of others, or being threatened if they did not do what they wanted, during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)								
			10.7	9.9	13.6	No linear change	Not available	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Male
Site-Added

Health Risk Behavior and Percentages						Linear Change[*]	Quadratic Change[*]	Change from 2019-2021[†]
2011	2013	2015	2017	2019	2021			

QN91: Percentage of students who have ever been given money, a place to stay, food, or something else of value in exchange for sex

| | | 3.8 | | 2.8 | 3.6 | No linear change | Not available[§] | No change |

QN98: Percentage of students who have been harassed because someone thought they were gay, lesbian, or bisexual (one or more times during the 12 months before the survey)

| 10.1 | 11.0 | 12.2 | 16.1 | 11.8 | 15.6 | Increased, 2011-2021 | No quadratic change | No change |

QN99: Percentage of students who have teased or called someone names because the students thought they were gay, lesbian, or bisexual (during the 12 months before the survey)

| | | | | 13.7 | 13.6 | No linear change | Not available | No change |

QN100: Percentage of students who had texted, e-mailed, or posted electronically a revealing or sexual photo of themselves (during the 30 days before the survey)

| | | 12.0 | 11.6 | 9.8 | 8.6 | Decreased, 2015-2021 | Not available | No change |

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Male
Site-Added

		Health Risk Behavior and Percentages				Linear Change[*]	Quadratic Change[*]	Change from 2019-2021[†]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			

QN101: Percentage of students who reported a revealing or sexual photo of them had been texted, e-mailed, or posted electronically without their permission (during the 30 days before the survey)

		2.9	2.7	1.7	3.0	No linear change	Not available[§]	No change

QN102: Percentage of students who did something to purposely hurt themselves without wanting to die (such as cutting or burning themselves on purpose one or more times during the 12 months before the survey)

10.9	10.9	11.7	9.4	13.1	14.1	No linear change	No quadratic change	No change

QN105: Percentage of students who reported their partners were three or more years older than themselves the first time they had sexual intercourse (among students who have had sexual intercourse)

12.0	12.8	10.5	14.1	5.9	8.5	Decreased, 2011-2021	No quadratic change	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Male
Site-Added

Health Risk Behavior and Percentages						Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	2013	2015	2017	2019	2021			
QN106: Percentage of students who have been pregnant or gotten someone pregnant (one or more times)								
7.1	3.7	3.6	2.4	2.0	2.0	Decreased, 2011-2021	No quadratic change	No change
QN107: Percentage of students who have ever participated in oral sex								
40.8	38.8	39.2	35.7	34.4	27.1	Decreased, 2011-2021	No change, 2011-2017 Decreased, 2017-2021	Decreased
QN112: Percentage of students who have been taught about AIDS or HIV infection in school								
				86.8	81.5	Decreased, 2019-2021	Not available[§]	Decreased
QN113: Percentage of students who have ever been taught in school about how to use a condom to prevent pregnancy or sexually transmitted diseases (STDs) (including HIV)								
			82.7	87.2	80.1	No linear change	Not available	Decreased

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Male
Site-Added

		Health Risk Behavior and Percentages				Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			
QN114: Percentage of students who have ever been taught in school about where they could get sexual health services (such as birth control, condoms, or HIV or other sexually transmitted disease (STD) testing or treatment)								
			77.1	80.9	67.3	Decreased, 2017-2021	Not available[§]	Decreased
QN115: Percentage of students who had a teacher or other adult in their school help them find a place where they could get tested for HIV or other sexually transmitted diseases (STDs) (among students who needed to find a place for HIV or other STD testing during the 12 months before the survey)								
			31.5	24.0	18.1	Decreased, 2017-2021	Not available	No change
QN116: Percentage of students who had a teacher or other adult in their school help them find a place where they could get birth control (among students who needed to find a place to get birth control during the 12 months before the survey)								
			29.0	23.5	25.6	No linear change	Not available	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Male
Site-Added

		Health Risk Behavior and Percentages				**Linear Change**[*]	**Quadratic Change**[*]	**Change from 2019-2021**[†]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			

QN117: Percentage of students who disagree or strongly disagree that their school has clear consequences for students who bully or harass other students

		16.4	16.9	20.2	18.4	No linear change	Not available[§]	No change

QN125: Percentage of students who strongly agree or agree that they feel close to people at their school

				73.5	61.0	Decreased, 2019-2021	Not available	Decreased

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Female
Injury and Violence

Health Risk Behavior and Percentages						Linear Change[*]	Quadratic Change[*]	Change from 2019-2021[†]
2011	2013	2015	2017	2019	2021			

QN9: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle, one or more times during the 30 days before the survey)

24.0	20.2	20.9	16.0	14.2	13.9	Decreased, 2011-2021	No quadratic change	No change

QN10: Percentage of students who drove a car or other vehicle when they had been drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)

	4.6	4.0	6.7	2.6	4.9	No linear change	Not available[§]	No change

QN11: Percentage of students who texted or e-mailed while driving a car or other vehicle (on at least 1 day during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)

	30.5	32.5	33.7	27.8	20.5	Decreased, 2013-2021	Not available	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Female
Injury and Violence

	Health Risk Behavior and Percentages						Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			
QN12: Percentage of students who carried a weapon on school property (such as a gun, knife, or club, on at least 1 day during the 30 days before the survey)									
2.4	0.9	1.6	1.5	1.8	1.5		No linear change	No quadratic change	No change
QN13: Percentage of students who carried a gun (not counting the days when they carried a gun only for hunting or for a sport such as target shooting, on at least 1 day during the 12 months before the survey)									
		1.3	1.2	1.4		No linear change	Not available[§]	No change
QN14: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)									
6.8	7.2	4.9	6.7	10.3	5.5		No linear change	No quadratic change	Decreased

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Female
Injury and Violence

	Health Risk Behavior and Percentages					Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			

QN15: Percentage of students who were threatened or injured with a weapon on school property (such as a gun, knife, or club, one or more times during the 12 months before the survey)

| 4.6 | 2.1 | 3.0 | 3.1 | 2.9 | 2.4 | No linear change | No quadratic change | No change |

QN17: Percentage of students who were in a physical fight on school property (one or more times during the 12 months before the survey)

| 8.3 | 2.7 | 2.8 | 6.2 | 6.5 | 3.7 | No linear change | Decreased, 2011-2015 No change, 2015-2021 | No change |

QN19: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)

| 7.9 | 8.9 | 8.8 | 8.6 | 9.0 | 10.2 | No linear change | No quadratic change | No change |

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.

San Diego High School Survey
10-year Trend Analysis Report

Female
Injury and Violence

		Health Risk Behavior and Percentages				Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			

QN21: Percentage of students who experienced sexual dating violence (being forced by someone they were dating or going out with to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)

| | 15.2 | 16.0 | 17.5 | 16.7 | 20.6 | No linear change | Not available[§] | No change |

QN22: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)

| | 7.9 | 9.1 | 5.2 | 7.0 | 7.9 | No linear change | Not available | No change |

QN23: Percentage of students who were bullied on school property (ever during the 12 months before the survey)

| 17.6 | 17.4 | 19.2 | 19.0 | 17.2 | 10.9 | Decreased, 2011-2021 | No change, 2011-2017 Decreased, 2017-2021 | Decreased |

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
[†]Based on t-test analysis, p < 0.05.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Female
Injury and Violence

Health Risk Behavior and Percentages						Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	2013	2015	2017	2019	2021			

QN24: Percentage of students who were electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media, ever during the 12 months before the survey)

2011	2013	2015	2017	2019	2021	Linear Change	Quadratic Change	Change from 2019-2021
16.2	18.4	17.4	16.1	13.9	17.6	No linear change	No quadratic change	No change

QN25: Percentage of students who felt sad or hopeless (almost every day for >=2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey)

2011	2013	2015	2017	2019	2021	Linear Change	Quadratic Change	Change from 2019-2021
33.0	40.4	38.9	42.5	48.2	56.0	Increased, 2011-2021	No quadratic change	Increased

QN26: Percentage of students who seriously considered attempting suicide (during the 12 months before the survey)

2011	2013	2015	2017	2019	2021	Linear Change	Quadratic Change	Change from 2019-2021
16.3	19.9	21.1	21.1	22.0	29.7	Increased, 2011-2021	No quadratic change	Increased

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.

San Diego High School Survey
10-year Trend Analysis Report

Female
Injury and Violence

	Health Risk Behavior and Percentages						Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	**2013**	**2015**	**2017**	**2019**	**2021**				

QN28: Percentage of students who actually attempted suicide (one or more times during the 12 months before the survey)

2011	2013	2015	2017	2019	2021	Linear Change	Quadratic Change	Change
11.2	10.1	11.0	9.3	10.3	12.3	No linear change	No quadratic change	No change

QN29: Percentage of students who had a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (during the 12 months before the survey)

2011	2013	2015	2017	2019	2021	Linear Change	Quadratic Change	Change
3.2	2.7	2.2	1.9	2.3	3.0	No linear change	No quadratic change	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.

San Diego High School Survey
10-year Trend Analysis Report

Female
Tobacco Use

		Health Risk Behavior and Percentages				Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	2013	2015	2017	2019	2021			
QN32: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)								
12.4	8.4	6.0	4.0	3.4	2.9	Decreased, 2011-2021	No quadratic change	No change
QNFRCIG: Percentage of students who currently smoked cigarettes frequently (on 20 or more days during the 30 days before the survey)								
2.9	0.2	0.5	0.4	0.3	0.3	Decreased, 2011-2021	Decreased, 2011-2015 No change, 2015-2021	No change
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)								
1.2	0.1	0.3	0.3	0.3	0.3	No linear change	No quadratic change	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.

San Diego High School Survey
10-year Trend Analysis Report

Female
Tobacco Use

Health Risk Behavior and Percentages						Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	2013	2015	2017	2019	2021			

QN34: Percentage of students who ever used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu])

| | | 41.9 | 39.0 | 44.8 | 37.2 | No linear change | Not available[§] | Decreased |

QN35: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey)

| | | 17.7 | 6.8 | 18.5 | 14.8 | No linear change | Not available | No change |

QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)

| | | 0.8 | 0.4 | 5.0 | 3.7 | Increased, 2015-2021 | Not available | No change |

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Female
Tobacco Use

		Health Risk Behavior and Percentages				Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	2013	2015	2017	2019	2021			

QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)

		0.5	0.2	2.3	2.1	Increased, 2015-2021	Not available[§]	No change

QNTB5: Percentage of students who currently smoked cigarettes or used electronic vapor products (on at least 1 day during the 30 days before the survey)

		19.1	8.6	18.6	15.2	No linear change	Not available	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Female
Alcohol and Other Drug Use

Health Risk Behavior and Percentages						Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	2013	2015	2017	2019	2021			
QN41: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)								
32.3	29.6	26.1	29.1	25.8	25.7	Decreased, 2011-2021	No quadratic change	No change
QN42: Percentage of students who currently were binge drinking (had four or more drinks of alcohol in a row if they were female or five or more drinks of alcohol in a row if they were male, within a couple of hours, on at least 1 day during the 30 days before the survey)								
			13.8	9.0	12.8	No linear change	Not available[§]	No change
QN46: Percentage of students who tried marijuana for the first time before age 13 years								
8.7	6.2	3.9	5.3	4.8	7.0	No linear change	Decreased, 2011-2015 Increased, 2015-2021	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Female
Alcohol and Other Drug Use

Health Risk Behavior and Percentages						Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	2013	2015	2017	2019	2021			

QN47: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)

2011	2013	2015	2017	2019	2021	Linear	Quadratic	Change
21.5	21.1	15.3	22.3	26.3	17.0	No linear change	No quadratic change	Decreased

QN48: Percentage of students who ever used synthetic marijuana (one or more times during their life)

2011	2013	2015	2017	2019	2021	Linear	Quadratic	Change
		6.7	6.2	6.9	8.7	No linear change	Not available[§]	No change

QN49: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet, one or more times during their life)

2011	2013	2015	2017	2019	2021	Linear	Quadratic	Change
			11.5	15.8	14.1	No linear change	Not available	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Female
Alcohol and Other Drug Use

Health Risk Behavior and Percentages						Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	2013	2015	2017	2019	2021			
QN50: Percentage of students who ever used cocaine (any form of cocaine, including powder, crack, or freebase, one or more times during their life)								
6.9	4.3	2.8	4.0	3.1	3.3	Decreased, 2011-2021	No quadratic change	No change
QN52: Percentage of students who ever used heroin (also called "smack," "junk," or "China White," one or more times during their life)								
	0.8	0.5	0.9	1.2		No linear change	Not available[§]	No change
QN53: Percentage of students who ever used methamphetamines (also called "speed," "crystal meth," "crank," "ice," or "meth," one or more times during their life)								
3.2	1.2	1.9	1.4	1.3	1.4	No linear change	No quadratic change	No change
QN54: Percentage of students who ever used ecstasy (also called "MDMA" or "Molly," one or more times during their life)								
16.8	10.7	5.5	3.2	1.7	2.7	Decreased, 2011-2021	No quadratic change	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
[†]Based on t-test analysis, p < 0.05.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Female
Alcohol and Other Drug Use

	Health Risk Behavior and Percentages					Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			
QN55: Percentage of students who ever injected any illegal drug (used a needle to inject any illegal drug into their body, one or more times during their life)								
1.5	1.0	0.6	0.5	0.9	1.4	No linear change	No quadratic change	No change
QN56: Percentage of students who were offered, sold, or given an illegal drug on school property (during the 12 months before the survey)								
26.8	29.6	25.2	26.5	25.2	20.2	Decreased, 2011-2021	No change, 2011-2017 Decreased, 2017-2021	Decreased

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.

San Diego High School Survey
10-year Trend Analysis Report

Female
Sexual Behaviors

		Health Risk Behavior and Percentages				**Linear Change**[*]	**Quadratic Change**[*]	**Change from 2019-2021**[†]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			
QN57: Percentage of students who ever had sexual intercourse								
38.9	34.8	27.8	28.6	27.5	19.8	Decreased, 2011-2021	No quadratic change	Decreased
QN58: Percentage of students who had sexual intercourse for the first time before age 13 years								
2.9	1.7	1.2	1.5	1.3	1.9	No linear change	Decreased, 2011-2015 No change, 2015-2021	No change
QN59: Percentage of students who had sexual intercourse with four or more persons during their life								
8.8	4.9	3.1	3.7	3.3	2.5	Decreased, 2011-2021	Decreased, 2011-2015 No change, 2015-2021	No change
QN60: Percentage of students who were currently sexually active (had sexual intercourse with at least one person, during the 3 months before the survey)								
26.3	24.0	20.4	20.7	20.3	13.1	Decreased, 2011-2021	No quadratic change	Decreased

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.

San Diego High School Survey
10-year Trend Analysis Report

Female
Sexual Behaviors

Health Risk Behavior and Percentages						Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	2013	2015	2017	2019	2021			
QN61: Percentage of students who drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active)								
15.7	11.0	15.9	19.3	19.3	21.4	No linear change	No quadratic change	No change
QN62: Percentage of students who used a condom during last sexual intercourse (among students who were currently sexually active)								
50.1	54.7	59.2	50.2	51.2	41.9	No linear change	Increased, 2011-2015 Decreased, 2015-2021	No change
QN82: Percentage of students who were ever tested for human immunodeficiency virus (HIV) (not counting tests done if they donated blood)								
	12.6	12.0	10.4	9.2	4.1	Decreased, 2013-2021	Not available[§]	Decreased
QN83: Percentage of students who were tested for a sexually transmitted disease (STD) other than HIV, such as chlamydia or gonorrhea (during the 12 months before the survey)								
				8.0	3.6	Decreased, 2019-2021	Not available	Decreased

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
[†]Based on t-test analysis, p < 0.05.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Female
Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages						Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			

QNOWT: Percentage of students who were overweight (>= 85th percentile but <95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts)[§]

| 13.4 | 17.2 | 17.9 | 14.2 | 17.5 | 14.9 | No linear change | Increased, 2011-2015 No change, 2015-2021 | No change |

QNOBESE: Percentage of students who had obesity (>= 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts)[§]

| 6.9 | 6.7 | 7.5 | 8.4 | 8.5 | 9.8 | Increased, 2011-2021 | No quadratic change | No change |

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

San Diego High School Survey
10-year Trend Analysis Report

Female
Physical Activity

Health Risk Behavior and Percentages						Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			

QN77: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)

36.8	42.5	42.6	40.8	41.3	40.0	No linear change	No quadratic change	No change

QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)

21.3	19.3	15.6	16.4	15.4	17.9	Decreased, 2011-2021	Decreased, 2011-2015 No change, 2015-2021	No change

QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)

16.7	20.1	18.3	14.6	15.4	15.2	No linear change	No quadratic change	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.

San Diego High School Survey
10-year Trend Analysis Report

Female
Physical Activity

		Health Risk Behavior and Percentages				Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			

QN80: Percentage of students who played on at least one sports team (counting any teams run by their school or community groups, during the 12 months before the survey)

| 44.0 | 48.6 | 48.7 | 51.4 | 51.2 | 45.9 | No linear change | Increased, 2011-2017 No change, 2017-2021 | No change |

QN81: Percentage of students who had a concussion from playing a sport or being physically active (one or more times during the 12 months before the survey)

| | | | 13.0 | 11.0 | 7.3 | Decreased, 2017-2021 | Not available[§] | Decreased |

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Female
Other

	Health Risk Behavior and Percentages					Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			

QN86: Percentage of students who got 8 or more hours of sleep (on an average school night)

| | | 23.7 | 23.0 | 21.7 | 26.2 | No linear change | Not available[§] | No change |

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Female
Site-Added

Health Risk Behavior and Percentages						Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	2013	2015	2017	2019	2021			

QN88: Percentage of students who are transgender

| | | | 0.6 | 1.3 | 3.9 | Increased, 2017-2021 | Not available[§] | Increased |

QN89: Percentage of students who think other people at school would describe them as equally feminine and masculine

| | 12.2 | 11.7 | 11.2 | 17.7 | 14.6 | Increased, 2013-2021 | Not available | No change |

QN90: Percentage of students who reported someone they were dating or going out with purposely tried to control them or emotionally hurt them one or more times (such things as being told who they could and could not spend time with, being humiliated in front of others, or being threatened if they did not do what they wanted, during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)

| | | | 26.9 | 29.8 | 32.4 | No linear change | Not available | No change |

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Female
Site-Added

		Health Risk Behavior and Percentages				Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			
QN91: Percentage of students who have ever been given money, a place to stay, food, or something else of value in exchange for sex								
			2.5	1.6	2.0	No linear change	Not available[§]	No change
QN98: Percentage of students who have been harassed because someone thought they were gay, lesbian, or bisexual (one or more times during the 12 months before the survey)								
11.4	7.6	10.9	12.7	14.8	18.4	Increased, 2011-2021	No change, 2011-2015 Increased, 2015-2021	No change
QN99: Percentage of students who have teased or called someone names because the students thought they were gay, lesbian, or bisexual (during the 12 months before the survey)								
				7.5	9.5	No linear change	Not available	No change
QN100: Percentage of students who had texted, e-mailed, or posted electronically a revealing or sexual photo of themselves (during the 30 days before the survey)								
		16.0	19.1	15.6	11.7	Decreased, 2015-2021	Not available	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Female
Site-Added

		Health Risk Behavior and Percentages				Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			

QN101: Percentage of students who reported a revealing or sexual photo of them had been texted, e-mailed, or posted electronically without their permission (during the 30 days before the survey)

2011	2013	2015	2017	2019	2021	Linear Change	Quadratic Change	Change from 2019-2021
		2.6	3.3	3.5	5.0	Increased, 2015-2021	Not available[§]	No change

QN102: Percentage of students who did something to purposely hurt themselves without wanting to die (such as cutting or burning themselves on purpose one or more times during the 12 months before the survey)

2011	2013	2015	2017	2019	2021	Linear Change	Quadratic Change	Change from 2019-2021
22.7	24.7	26.0	24.3	26.4	34.8	Increased, 2011-2021	No change, 2011-2017 Increased, 2017-2021	Increased

QN105: Percentage of students who reported their partners were three or more years older than themselves the first time they had sexual intercourse (among students who have had sexual intercourse)

2011	2013	2015	2017	2019	2021	Linear Change	Quadratic Change	Change from 2019-2021
23.0	21.8	19.2	14.9	12.3	14.7	Decreased, 2011-2021	No quadratic change	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Female
Site-Added

	Health Risk Behavior and Percentages					Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			

QN106: Percentage of students who have been pregnant or gotten someone pregnant (one or more times)

| 4.1 | 1.5 | 1.9 | 2.0 | 1.9 | 1.3 | Decreased, 2011-2021 | No quadratic change | No change |

QN107: Percentage of students who have ever participated in oral sex

| 35.3 | 35.7 | 32.0 | 31.7 | 30.3 | 24.2 | Decreased, 2011-2021 | No quadratic change | Decreased |

QN112: Percentage of students who have been taught about AIDS or HIV infection in school

| | | | | 83.1 | 77.1 | Decreased, 2019-2021 | Not available[§] | Decreased |

QN113: Percentage of students who have ever been taught in school about how to use a condom to prevent pregnancy or sexually transmitted diseases (STDs) (including HIV)

| | | | 87.0 | 85.2 | 75.3 | Decreased, 2017-2021 | Not available | Decreased |

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Female
Site-Added

	Health Risk Behavior and Percentages						Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			

QN114: Percentage of students who have ever been taught in school about where they could get sexual health services (such as birth control, condoms, or HIV or other sexually transmitted disease (STD) testing or treatment)

			77.7	77.7	59.6	Decreased, 2017-2021	Not available[§]	Decreased

QN115: Percentage of students who had a teacher or other adult in their school help them find a place where they could get tested for HIV or other sexually transmitted diseases (STDs) (among students who needed to find a place for HIV or other STD testing during the 12 months before the survey)

			27.5	17.0	8.8	Decreased, 2017-2021	Not available	Decreased

QN116: Percentage of students who had a teacher or other adult in their school help them find a place where they could get birth control (among students who needed to find a place to get birth control during the 12 months before the survey)

			29.3	24.5	24.8	No linear change	Not available	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
[†]Based on t-test analysis, p < 0.05.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Female
Site-Added

		Health Risk Behavior and Percentages				Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	2013	2015	2017	2019	2021			

QN117: Percentage of students who disagree or strongly disagree that their school has clear consequences for students who bully or harass other students

		23.7	23.6	27.9	22.3	No linear change	Not available[§]	Decreased

QN125: Percentage of students who strongly agree or agree that they feel close to people at their school

				64.5	51.9	Decreased, 2019-2021	Not available	Decreased

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

White*
Injury and Violence

	Health Risk Behavior and Percentages					Linear Change[†]	Quadratic Change[†]	Change from 2019-2021 [§]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			
QN9: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle, one or more times during the 30 days before the survey)								
24.3	18.0	20.2	15.5	15.2	12.1	Decreased, 2011-2021	No quadratic change	No change
QN10: Percentage of students who drove a car or other vehicle when they had been drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)								
	10.3	8.7	10.1	6.2	6.3	No linear change	Not available[¶]	No change
QN11: Percentage of students who texted or e-mailed while driving a car or other vehicle (on at least 1 day during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)								
	43.0	45.3	34.3	33.5	38.4	Decreased, 2013-2021	Not available	No change

*Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[§]Based on t-test analysis, $p < 0.05$.
[¶]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

White*
Injury and Violence

		Health Risk Behavior and Percentages				Linear Change[†]	Quadratic Change[†]	Change from 2019-2021 [§]
2011	2013	2015	2017	2019	2021			

QN12: Percentage of students who carried a weapon on school property (such as a gun, knife, or club, on at least 1 day during the 30 days before the survey)

2011	2013	2015	2017	2019	2021	Linear Change	Quadratic Change	Change from 2019-2021
4.6	3.5	2.6	2.5	1.2	2.3	Decreased, 2011-2021	No quadratic change	No change

QN13: Percentage of students who carried a gun (not counting the days when they carried a gun only for hunting or for a sport such as target shooting, on at least 1 day during the 12 months before the survey)

2011	2013	2015	2017	2019	2021	Linear Change	Quadratic Change	Change from 2019-2021
			2.8	2.0	2.0	No linear change	Not available[¶]	No change

QN14: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)

2011	2013	2015	2017	2019	2021	Linear Change	Quadratic Change	Change from 2019-2021
3.3	4.5	2.5	5.2	6.5	2.0	No linear change	No quadratic change	Decreased

[*]Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[§]Based on t-test analysis, $p < 0.05$.
[¶]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

White*
Injury and Violence

		Health Risk Behavior and Percentages				Linear Change[†]	Quadratic Change[†]	Change from 2019-2021[§]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			

QN15: Percentage of students who were threatened or injured with a weapon on school property (such as a gun, knife, or club, one or more times during the 12 months before the survey)

4.5	5.1	3.2	5.7	4.9	4.9	No linear change	No quadratic change	No change

QN17: Percentage of students who were in a physical fight on school property (one or more times during the 12 months before the survey)

10.7	4.5	4.4	5.3	6.1	4.4	Decreased, 2011-2021	No quadratic change	No change

QN19: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)

4.6	6.6	6.5	5.7	5.5	6.8	No linear change	No quadratic change	No change

*Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[§]Based on t-test analysis, $p < 0.05$.

San Diego High School Survey
10-year Trend Analysis Report

White*
Injury and Violence

		Health Risk Behavior and Percentages				Linear Change[†]	Quadratic Change[†]	Change from 2019-2021[§]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			

QN21: Percentage of students who experienced sexual dating violence (being forced by someone they were dating or going out with to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)

	11.5	11.7	13.0	9.7	12.6	No linear change	Not available[¶]	No change

QN22: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)

	5.5	8.0	4.7	3.9	6.8	No linear change	Not available	No change

QN23: Percentage of students who were bullied on school property (ever during the 12 months before the survey)

16.1	20.0	21.4	21.1	14.3	13.8	No linear change	Increased, 2011-2015 Decreased, 2015-2021	No change

*Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[§]Based on t-test analysis, $p < 0.05$.
[¶]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

White*
Injury and Violence

	Health Risk Behavior and Percentages					Linear Change[†]	Quadratic Change[†]	Change from 2019-2021 [§]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			

QN24: Percentage of students who were electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media, ever during the 12 months before the survey)

17.3	16.1	17.1	16.7	9.5	13.3	No linear change	No quadratic change	No change

QN25: Percentage of students who felt sad or hopeless (almost every day for >=2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey)

20.1	25.6	22.2	29.3	28.5	37.8	Increased, 2011-2021	No quadratic change	Increased

QN26: Percentage of students who seriously considered attempting suicide (during the 12 months before the survey)

12.1	12.2	12.8	17.0	15.0	18.5	Increased, 2011-2021	No quadratic change	No change

[*]Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[§]Based on t-test analysis, $p < 0.05$.

San Diego High School Survey
10-year Trend Analysis Report

White*
Injury and Violence

Health Risk Behavior and Percentages						Linear Change[†]	Quadratic Change[†]	Change from 2019-2021 [§]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			
QN28: Percentage of students who actually attempted suicide (one or more times during the 12 months before the survey)								
7.3	5.2	5.3	4.6	4.1	6.1	No linear change	No quadratic change	No change
QN29: Percentage of students who had a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (during the 12 months before the survey)								
3.8	2.4	1.2	0.8	0.7	1.7	Decreased, 2011-2021	No quadratic change	No change

*Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[§]Based on t-test analysis, $p < 0.05$.

San Diego High School Survey
10-year Trend Analysis Report

White*
Tobacco Use

		Health Risk Behavior and Percentages				Linear Change[†]	Quadratic Change[†]	Change from 2019-2021 [§]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			
QN32: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)								
13.0	12.3	8.3	4.4	3.8	3.5	Decreased, 2011-2021	No quadratic change	No change
QNFRCIG: Percentage of students who currently smoked cigarettes frequently (on 20 or more days during the 30 days before the survey)								
5.3	1.6	1.1	1.3	1.2	1.2	Decreased, 2011-2021	Decreased, 2011-2015 No change, 2015-2021	No change
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)								
2.2	1.0	0.7	1.3	1.2	1.2	No linear change	No quadratic change	No change

*Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[§]Based on t-test analysis, $p < 0.05$.

San Diego High School Survey
10-year Trend Analysis Report

White*
Tobacco Use

Health Risk Behavior and Percentages						**Linear Change**[†]	**Quadratic Change**[†]	**Change from 2019-2021** [§]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			
QN34: Percentage of students who ever used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu])								
		39.1	37.6	44.3	28.1	Decreased, 2015-2021	Not available[¶]	Decreased
QN35: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey)								
		21.0	10.0	18.8	11.2	Decreased, 2015-2021	Not available	Decreased
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)								
		2.3	1.6	9.2	4.6	Increased, 2015-2021	Not available	No change

[*]Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[§]Based on t-test analysis, $p < 0.05$.
[¶]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

White*
Tobacco Use

		Health Risk Behavior and Percentages				**Linear Change**[†]	**Quadratic Change**[†]	**Change from 2019-2021**[§]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			

QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)

| | | 1.8 | 0.5 | 6.1 | 3.7 | Increased, 2015-2021 | Not available[¶] | No change |

QNTB5: Percentage of students who currently smoked cigarettes or used electronic vapor products (on at least 1 day during the 30 days before the survey)

| | | 22.2 | 10.6 | 18.6 | 11.5 | Decreased, 2015-2021 | Not available | No change |

[*]Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[§]Based on t-test analysis, $p < 0.05$.
[¶]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

White*
Alcohol and Other Drug Use

		Health Risk Behavior and Percentages				Linear Change[†]	Quadratic Change[†]	Change from 2019-2021[§]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			
QN41: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)								
27.3	37.4	31.8	35.5	28.7	22.6	No linear change	No change, 2011-2017 Decreased, 2017-2021	No change
QN42: Percentage of students who currently were binge drinking (had four or more drinks of alcohol in a row if they were female or five or more drinks of alcohol in a row if they were male, within a couple of hours, on at least 1 day during the 30 days before the survey)								
			20.1	17.2	14.2	No linear change	Not available[¶]	No change
QN46: Percentage of students who tried marijuana for the first time before age 13 years								
6.2	6.6	4.7	5.0	2.7	3.6	No linear change	No quadratic change	No change

*Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[§]Based on t-test analysis, $p < 0.05$.
[¶]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

White*
Alcohol and Other Drug Use

		Health Risk Behavior and Percentages				**Linear Change**[†]	**Quadratic Change**[†]	**Change from 2019-2021** [§]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			
QN47: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)								
17.8	23.6	20.1	25.4	21.8	15.3	No linear change	No change, 2011-2017 Decreased, 2017-2021	No change
QN48: Percentage of students who ever used synthetic marijuana (one or more times during their life)								
		7.1	5.4	5.4	5.1	No linear change	Not available[¶]	No change
QN49: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet, one or more times during their life)								
			11.7	9.3	10.7	No linear change	Not available	No change

[*]Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[§]Based on t-test analysis, $p < 0.05$.
[¶]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

White*
Alcohol and Other Drug Use

		Health Risk Behavior and Percentages				Linear Change[†]	Quadratic Change[†]	Change from 2019-2021[§]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			
QN50: Percentage of students who ever used cocaine (any form of cocaine, including powder, crack, or freebase, one or more times during their life)								
7.6	8.6	4.3	3.8	3.4	2.9	Decreased, 2011-2021	No quadratic change	No change
QN52: Percentage of students who ever used heroin (also called "smack," "junk," or "China White," one or more times during their life)								
		2.7	1.2	0.3	1.2	No linear change	Not available[¶]	No change
QN53: Percentage of students who ever used methamphetamines (also called "speed," "crystal meth," "crank," "ice," or "meth," one or more times during their life)								
3.7	4.7	3.6	2.7	0.6	1.5	Decreased, 2011-2021	No quadratic change	No change
QN54: Percentage of students who ever used ecstasy (also called "MDMA" or "Molly," one or more times during their life)								
15.2	10.6	7.1	5.6	4.1	1.9	Decreased, 2011-2021	No quadratic change	No change

[*]Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[§]Based on t-test analysis, $p < 0.05$.
[¶]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

White*
Alcohol and Other Drug Use

		Health Risk Behavior and Percentages				**Linear Change**[†]	**Quadratic Change**[†]	**Change from 2019-2021**[§]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			
QN55: Percentage of students who ever injected any illegal drug (used a needle to inject any illegal drug into their body, one or more times during their life)								
2.9	1.7	1.6	0.7	0.3	1.5	No linear change	No quadratic change	No change
QN56: Percentage of students who were offered, sold, or given an illegal drug on school property (during the 12 months before the survey)								
26.6	30.5	26.2	26.6	29.5	20.3	No linear change	No quadratic change	Decreased

*Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[§]Based on t-test analysis, $p < 0.05$.

San Diego High School Survey
10-year Trend Analysis Report

White*
Sexual Behaviors

			Health Risk Behavior and Percentages			Linear Change[†]	Quadratic Change[†]	Change from 2019-2021 [§]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			
QN57: Percentage of students who ever had sexual intercourse								
28.5	34.3	31.5	31.7	25.7	21.0	Decreased, 2011-2021	No change, 2011-2017 Decreased, 2017-2021	No change
QN58: Percentage of students who had sexual intercourse for the first time before age 13 years								
2.4	3.6	2.4	1.8	0.3	2.3	No linear change	No quadratic change	Increased
QN59: Percentage of students who had sexual intercourse with four or more persons during their life								
9.3	7.3	7.1	4.1	7.1	4.2	Decreased, 2011-2021	No quadratic change	No change
QN60: Percentage of students who were currently sexually active (had sexual intercourse with at least one person, during the 3 months before the survey)								
20.4	26.0	25.1	21.0	20.1	13.4	Decreased, 2011-2021	No change, 2011-2015 Decreased, 2015-2021	No change

*Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[§]Based on t-test analysis, $p < 0.05$.

San Diego High School Survey
10-year Trend Analysis Report

White*
Sexual Behaviors

Health Risk Behavior and Percentages						Linear Change[†]	Quadratic Change[†]	Change from 2019-2021 [§]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			
QN61: Percentage of students who drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active)								
27.4	23.8	21.6	20.7	35.4	30.3	No linear change	No quadratic change	No change
QN62: Percentage of students who used a condom during last sexual intercourse (among students who were currently sexually active)								
60.6	57.5	59.5	56.7	54.9	38.2	No linear change	No quadratic change	No change
QN82: Percentage of students who were ever tested for human immunodeficiency virus (HIV) (not counting tests done if they donated blood)								
	10.9	8.0	8.0	8.0	3.9	Decreased, 2013-2021	Not available[¶]	Decreased
QN83: Percentage of students who were tested for a sexually transmitted disease (STD) other than HIV, such as chlamydia or gonorrhea (during the 12 months before the survey)								
				7.6	4.1	Decreased, 2019-2021	Not available	Decreased

[*]Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[§]Based on t-test analysis, $p < 0.05$.
[¶]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

White*
Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages						Linear Change[†]	Quadratic Change[†]	Change from 2019-2021 [§]
2011	2013	2015	2017	2019	2021			

QNOWT: Percentage of students who were overweight (>= 85th percentile but <95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts)[¶]

2011	2013	2015	2017	2019	2021			
9.7	10.4	11.2	9.6	9.0	8.5	No linear change	No quadratic change	No change

QNOBESE: Percentage of students who had obesity (>= 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts)[¶]

2011	2013	2015	2017	2019	2021			
7.1	7.4	5.3	5.8	5.7	7.9	No linear change	No quadratic change	No change

[*]Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[§]Based on t-test analysis, $p < 0.05$.
[¶]Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

San Diego High School Survey
10-year Trend Analysis Report

White*
Physical Activity

	Health Risk Behavior and Percentages					Linear Change[†]	Quadratic Change[†]	Change from 2019-2021 [§]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			
QN77: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)								
59.1	55.7	62.2	61.2	58.2	58.7	No linear change	No quadratic change	No change
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)								
15.3	12.7	8.1	7.3	8.7	8.2	Decreased, 2011-2021	Decreased, 2011-2015 No change, 2015-2021	No change
QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)								
32.9	35.3	35.3	30.5	29.5	26.5	Decreased, 2011-2021	No quadratic change	No change

*Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[§]Based on t-test analysis, $p < 0.05$.

San Diego High School Survey
10-year Trend Analysis Report

White*
Physical Activity

		Health Risk Behavior and Percentages				Linear Change[†]	Quadratic Change[†]	Change from 2019-2021 [§]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			

QN80: Percentage of students who played on at least one sports team (counting any teams run by their school or community groups, during the 12 months before the survey)

| 62.7 | 61.4 | 66.0 | 70.3 | 66.7 | 62.3 | No linear change | No quadratic change | No change |

QN81: Percentage of students who had a concussion from playing a sport or being physically active (one or more times during the 12 months before the survey)

| | | | 18.2 | 9.9 | 9.5 | Decreased, 2017-2021 | Not available[¶] | No change |

*Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[§]Based on t-test analysis, $p < 0.05$.
[¶]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

White*
Other

		Health Risk Behavior and Percentages				Linear Change[†]	Quadratic Change[†]	Change from 2019-2021 [§]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			

QN86: Percentage of students who got 8 or more hours of sleep (on an average school night)

		29.8	30.6	27.4	39.5	No linear change	Not available[¶]	Increased

[*]Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
[§]Based on t-test analysis, p < 0.05.
[¶]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

White*
Site-Added

		Health Risk Behavior and Percentages				**Linear Change**[†]	**Quadratic Change**[†]	**Change from 2019-2021**[§]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			
QN88: Percentage of students who are transgender								
			0.9	1.2	4.9	Increased, 2017-2021	Not available[¶]	Increased
QN89: Percentage of students who think other people at school would describe them as equally feminine and masculine								
	7.5	8.6	5.9	9.3	7.8	No linear change	Not available	No change
QN90: Percentage of students who reported someone they were dating or going out with purposely tried to control them or emotionally hurt them one or more times (such things as being told who they could and could not spend time with, being humiliated in front of others, or being threatened if they did not do what they wanted, during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)								
			17.7	16.8	20.2	No linear change	Not available	No change

*Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[§]Based on t-test analysis, $p < 0.05$.
[¶]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

White*
Site-Added

Health Risk Behavior and Percentages						Linear Change[†]	Quadratic Change[†]	Change from 2019-2021 [§]
2011	2013	2015	2017	2019	2021			
QN91: Percentage of students who have ever been given money, a place to stay, food, or something else of value in exchange for sex								
		1.6	1.5	2.6		No linear change	Not available[¶]	No change
QN98: Percentage of students who have been harassed because someone thought they were gay, lesbian, or bisexual (one or more times during the 12 months before the survey)								
10.2	8.4	10.2	14.6	10.9	19.4	Increased, 2011-2021	No quadratic change	Increased
QN99: Percentage of students who have teased or called someone names because the students thought they were gay, lesbian, or bisexual (during the 12 months before the survey)								
				10.9	13.8	No linear change	Not available	No change
QN100: Percentage of students who had texted, e-mailed, or posted electronically a revealing or sexual photo of themselves (during the 30 days before the survey)								
		17.5	18.2	16.6	9.3	Decreased, 2015-2021	Not available	Decreased

*Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[§]Based on t-test analysis, $p < 0.05$.
[¶]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

White*
Site-Added

Health Risk Behavior and Percentages						Linear Change[†]	Quadratic Change[†]	Change from 2019-2021 [§]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			
QN101: Percentage of students who reported a revealing or sexual photo of them had been texted, e-mailed, or posted electronically without their permission (during the 30 days before the survey)								
		2.0	3.7	2.3	4.2	No linear change	Not available[¶]	No change
QN102: Percentage of students who did something to purposely hurt themselves without wanting to die (such as cutting or burning themselves on purpose one or more times during the 12 months before the survey)								
18.1	16.7	16.7	17.4	17.6	25.9	Increased, 2011-2021	No change, 2011-2017 Increased, 2017-2021	Increased
QN105: Percentage of students who reported their partners were three or more years older than themselves the first time they had sexual intercourse (among students who have had sexual intercourse)								
19.3	14.1	10.3	12.3	7.9	12.2	No linear change	No quadratic change	No change

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[§]Based on t-test analysis, $p < 0.05$.
[¶]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

White*
Site-Added

		Health Risk Behavior and Percentages				Linear Change[†]	Quadratic Change[†]	Change from 2019-2021 [§]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			

QN106: Percentage of students who have been pregnant or gotten someone pregnant (one or more times)

| 2.8 | 1.7 | 1.8 | 0.8 | 2.2 | 1.3 | No linear change | No quadratic change | No change |

QN107: Percentage of students who have ever participated in oral sex

| 36.3 | 46.0 | 39.2 | 40.4 | 33.3 | 25.3 | Decreased, 2011-2021 | No change, 2011-2017 Decreased, 2017-2021 | No change |

QN112: Percentage of students who have been taught about AIDS or HIV infection in school

| | | | | 86.6 | 82.8 | No linear change | Not available[¶] | No change |

QN113: Percentage of students who have ever been taught in school about how to use a condom to prevent pregnancy or sexually transmitted diseases (STDs) (including HIV)

| | | | 89.7 | 86.3 | 82.5 | Decreased, 2017-2021 | Not available | No change |

*Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[§]Based on t-test analysis, $p < 0.05$.
[¶]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

White*
Site-Added

		Health Risk Behavior and Percentages				Linear Change[†]	Quadratic Change[†]	Change from 2019-2021 [§]
2011	2013	2015	2017	2019	2021			

QN114: Percentage of students who have ever been taught in school about where they could get sexual health services (such as birth control, condoms, or HIV or other sexually transmitted disease (STD) testing or treatment)

2011	2013	2015	2017	2019	2021	Linear Change	Quadratic Change	Change from 2019-2021
			75.0	76.1	65.5	Decreased, 2017-2021	Not available[¶]	Decreased

QN115: Percentage of students who had a teacher or other adult in their school help them find a place where they could get tested for HIV or other sexually transmitted diseases (STDs) (among students who needed to find a place for HIV or other STD testing during the 12 months before the survey)

2011	2013	2015	2017	2019	2021	Linear Change	Quadratic Change	Change from 2019-2021
			24.1	9.4	6.2	Decreased, 2017-2021	Not available	No change

QN116: Percentage of students who had a teacher or other adult in their school help them find a place where they could get birth control (among students who needed to find a place to get birth control during the 12 months before the survey)

2011	2013	2015	2017	2019	2021	Linear Change	Quadratic Change	Change from 2019-2021
			23.1	19.2	13.5	No linear change	Not available	No change

*Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[§]Based on t-test analysis, $p < 0.05$.
[¶]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

White*
Site-Added

		Health Risk Behavior and Percentages				**Linear Change**[†]	**Quadratic Change**[†]	**Change from 2019-2021** [§]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			
QN117: Percentage of students who disagree or strongly disagree that their school has clear consequences for students who bully or harass other students								
		22.1	27.1	31.2	23.2	No linear change	Not available[¶]	Decreased
QN125: Percentage of students who strongly agree or agree that they feel close to people at their school								
				78.2	62.6	Decreased, 2019-2021	Not available	Decreased

*Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[§]Based on t-test analysis, $p < 0.05$.
[¶]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Black*
Injury and Violence

Health Risk Behavior and Percentages						Linear Change[†]	Quadratic Change[†]	Change from 2019-2021 [§]
2011	2013	2015	2017	2019	2021			
QN9: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle, one or more times during the 30 days before the survey)								
20.7	16.5	21.3	15.2	10.2	5.2	Decreased, 2011-2021	No quadratic change	No change
QN12: Percentage of students who carried a weapon on school property (such as a gun, knife, or club, on at least 1 day during the 30 days before the survey)								
3.3	0.0	6.1	4.0	5.2	1.5	Not available	Not available[¶]	No change
QN13: Percentage of students who carried a gun (not counting the days when they carried a gun only for hunting or for a sport such as target shooting, on at least 1 day during the 12 months before the survey)								
		4.5	2.5	5.5		No linear change	Not available	No change

*Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[§]Based on t-test analysis, $p < 0.05$.
[¶]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Black*
Injury and Violence

	Health Risk Behavior and Percentages					Linear Change†	Quadratic Change†	Change from 2019-2021 §
2011	**2013**	**2015**	**2017**	**2019**	**2021**			

QN14: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)

| 6.1 | 5.2 | 5.3 | 4.2 | 7.5 | 5.6 | No linear change | No quadratic change | No change |

QN15: Percentage of students who were threatened or injured with a weapon on school property (such as a gun, knife, or club, one or more times during the 12 months before the survey)

| 5.8 | 2.0 | 7.2 | 10.5 | 6.2 | 1.6 | No linear change | No quadratic change | No change |

QN17: Percentage of students who were in a physical fight on school property (one or more times during the 12 months before the survey)

| 13.0 | 5.6 | 13.0 | 16.7 | 14.7 | 8.5 | No linear change | No quadratic change | No change |

*Non-Hispanic.
†Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
§Based on t-test analysis, $p < 0.05$.

San Diego High School Survey
10-year Trend Analysis Report

Black*
Injury and Violence

		Health Risk Behavior and Percentages				Linear Change[†]	Quadratic Change[†]	Change from 2019-2021 [§]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			
QN19: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)								
8.5	9.7	9.8	9.8	7.2	10.7	No linear change	No quadratic change	No change
QN21: Percentage of students who experienced sexual dating violence (being forced by someone they were dating or going out with to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)								
	14.7	11.7	13.5	7.5	13.3	No linear change	Not available[¶]	No change

*Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[§]Based on t-test analysis, $p < 0.05$.
[¶]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Black*
Injury and Violence

		Health Risk Behavior and Percentages				Linear Change[†]	Quadratic Change[†]	Change from 2019-2021 [§]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			

QN22: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)

| | 5.5 | 11.7 | 5.3 | 6.1 | 5.8 | No linear change | Not available[¶] | No change |

QN23: Percentage of students who were bullied on school property (ever during the 12 months before the survey)

| 11.1 | 12.1 | 17.0 | 28.2 | 12.0 | 11.6 | No linear change | Increased, 2011-2017 Decreased, 2017-2021 | No change |

QN24: Percentage of students who were electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media, ever during the 12 months before the survey)

| 9.9 | 9.8 | 9.5 | 12.8 | 11.5 | 13.3 | No linear change | No quadratic change | No change |

[*]Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[§]Based on t-test analysis, $p < 0.05$.
[¶]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Black*
Injury and Violence

		Health Risk Behavior and Percentages				**Linear Change†**	**Quadratic Change†**	**Change from 2019-2021 §**
2011	**2013**	**2015**	**2017**	**2019**	**2021**			

QN25: Percentage of students who felt sad or hopeless (almost every day for >=2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey)

22.0	25.3	23.6	30.8	25.3	40.2	Increased, 2011-2021	No quadratic change	Increased

QN26: Percentage of students who seriously considered attempting suicide (during the 12 months before the survey)

12.7	16.3	12.6	18.5	14.9	24.4	No linear change	No quadratic change	No change

QN28: Percentage of students who actually attempted suicide (one or more times during the 12 months before the survey)

12.3	8.4	6.6	9.3	2.3	11.9	No linear change	No quadratic change	Increased

*Non-Hispanic.
†Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
§Based on t-test analysis, $p < 0.05$.

San Diego High School Survey
10-year Trend Analysis Report

Black*
Injury and Violence

	Health Risk Behavior and Percentages					Linear Change[†]	Quadratic Change[†]	Change from 2019-2021 [§]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			

QN29: Percentage of students who had a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (during the 12 months before the survey)

1.9	2.6	2.0	2.8	0.0	4.2	Not available	Not available[¶]	Not available

[*]Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[§]Based on t-test analysis, $p < 0.05$.
[¶]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Black*
Tobacco Use

	Health Risk Behavior and Percentages						Linear Change[†]	Quadratic Change[†]	Change from 2019-2021 [§]
2011	**2013**	**2015**	**2017**	**2019**	**2021**				
QN32: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)									
10.8	7.4	5.3	2.9	3.9	3.2		Decreased, 2011-2021	No quadratic change	No change
QNFRCIG: Percentage of students who currently smoked cigarettes frequently (on 20 or more days during the 30 days before the survey)									
1.5	1.7	2.6	1.1	1.7	0.0		Not available	Not available[¶]	Not available
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)									
0.6	0.0	1.1	1.1	1.7	0.0		Not available	Not available	Not available

[*]Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[§]Based on t-test analysis, $p < 0.05$.
[¶]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Black*
Tobacco Use

		Health Risk Behavior and Percentages				**Linear Change[†]**	**Quadratic Change[†]**	**Change from 2019-2021 [§]**
2011	**2013**	**2015**	**2017**	**2019**	**2021**			

QN34: Percentage of students who ever used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu])

| | | 43.9 | 41.2 | 31.5 | 28.7 | Decreased, 2015-2021 | Not available[¶] | No change |

QN35: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey)

| | | 20.6 | 6.3 | 9.8 | 14.9 | No linear change | Not available | No change |

QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)

| | | 2.2 | 0.0 | 0.0 | 3.3 | Not available | Not available | Not available |

*Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[§]Based on t-test analysis, $p < 0.05$.
[¶]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Black*
Tobacco Use

			Health Risk Behavior and Percentages			Linear Change[†]	Quadratic Change[†]	Change from 2019-2021 [§]
2011	2013	2015	2017	2019	2021			

QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)

		2015	2017	2019	2021			
		1.7	0.0	0.0	2.4	Not available	Not available[¶]	Not available

QNTB5: Percentage of students who currently smoked cigarettes or used electronic vapor products (on at least 1 day during the 30 days before the survey)

		2015	2017	2019	2021			
		20.3	7.0	9.9	16.2	No linear change	Not available	No change

[*]Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[§]Based on t-test analysis, $p < 0.05$.
[¶]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Black*
Alcohol and Other Drug Use

	Health Risk Behavior and Percentages					**Linear Change**[†]	**Quadratic Change**[†]	**Change from 2019-2021**[§]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			

QN41: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)

2011	2013	2015	2017	2019	2021	Linear	Quadratic	Change 19-21
26.3	21.3	18.3	15.9	11.4	10.8	Decreased, 2011-2021	No quadratic change	No change

QN42: Percentage of students who currently were binge drinking (had four or more drinks of alcohol in a row if they were female or five or more drinks of alcohol in a row if they were male, within a couple of hours, on at least 1 day during the 30 days before the survey)

2011	2013	2015	2017	2019	2021	Linear	Quadratic	Change 19-21
			6.0	0.0	5.0	Not available	Not available[¶]	Not available

QN46: Percentage of students who tried marijuana for the first time before age 13 years

2011	2013	2015	2017	2019	2021	Linear	Quadratic	Change 19-21
13.0	6.6	10.9	13.5	3.5	4.6	No linear change	No quadratic change	No change

[*]Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[§]Based on t-test analysis, $p < 0.05$.
[¶]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Black*
Alcohol and Other Drug Use

		Health Risk Behavior and Percentages				Linear Change[†]	Quadratic Change[†]	Change from 2019-2021 [§]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			
QN47: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)								
31.4	21.6	19.7	25.4	22.0	15.2	No linear change	No quadratic change	No change
QN48: Percentage of students who ever used synthetic marijuana (one or more times during their life)								
		8.0	5.4	4.6	9.6	No linear change	Not available[¶]	No change
QN49: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet, one or more times during their life)								
		13.3	16.2	6.9		No linear change	Not available	No change

[*]Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[§]Based on t-test analysis, $p < 0.05$.
[¶]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Black*
Alcohol and Other Drug Use

Health Risk Behavior and Percentages						Linear Change[†]	Quadratic Change[†]	Change from 2019-2021 [§]
2011	2013	2015	2017	2019	2021			

QN50: Percentage of students who ever used cocaine (any form of cocaine, including powder, crack, or freebase, one or more times during their life)

| 1.7 | 2.1 | 6.5 | 5.7 | 1.7 | 0.0 | Not available | Not available[¶] | Not available |

QN52: Percentage of students who ever used heroin (also called "smack," "junk," or "China White," one or more times during their life)

| | 5.4 | 2.7 | 0.0 | 1.1 | | Not available | Not available | Not available |

QN53: Percentage of students who ever used methamphetamines (also called "speed," "crystal meth," "crank," "ice," or "meth," one or more times during their life)

| 4.4 | 2.0 | 5.7 | 2.0 | 1.1 | 0.0 | Not available | Not available | Not available |

QN54: Percentage of students who ever used ecstasy (also called "MDMA" or "Molly," one or more times during their life)

| 8.9 | 12.2 | 7.5 | 2.7 | 0.0 | 0.9 | Not available | Not available | Not available |

[*]Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[§]Based on t-test analysis, $p < 0.05$.
[¶]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Black*
Alcohol and Other Drug Use

		Health Risk Behavior and Percentages				**Linear Change**[†]	**Quadratic Change**[†]	**Change from 2019-2021**[§]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			
QN55: Percentage of students who ever injected any illegal drug (used a needle to inject any illegal drug into their body, one or more times during their life)								
2.6	3.9	3.9	1.6	0.9	1.0	No linear change	No quadratic change	No change
QN56: Percentage of students who were offered, sold, or given an illegal drug on school property (during the 12 months before the survey)								
30.7	23.0	24.1	29.4	25.4	14.8	Decreased, 2011-2021	No quadratic change	Decreased

[*]Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[§]Based on t-test analysis, $p < 0.05$.

San Diego High School Survey
10-year Trend Analysis Report

Black*
Sexual Behaviors

		Health Risk Behavior and Percentages				Linear Change[†]	Quadratic Change[†]	Change from 2019-2021 [§]
2011	2013	2015	2017	2019	2021			

QN57: Percentage of students who ever had sexual intercourse

| 53.4 | 36.5 | 32.6 | 40.2 | 27.2 | 22.6 | Decreased, 2011-2021 | No quadratic change | No change |

QN58: Percentage of students who had sexual intercourse for the first time before age 13 years

| 10.4 | 5.4 | 8.9 | 9.0 | 1.4 | 2.9 | No linear change | No quadratic change | No change |

QN59: Percentage of students who had sexual intercourse with four or more persons during their life

| 20.2 | 10.7 | 12.5 | 13.3 | 5.6 | 5.1 | Decreased, 2011-2021 | No quadratic change | No change |

QN60: Percentage of students who were currently sexually active (had sexual intercourse with at least one person, during the 3 months before the survey)

| 31.8 | 19.2 | 22.6 | 26.7 | 15.2 | 15.7 | Decreased, 2011-2021 | No quadratic change | No change |

*Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[§]Based on t-test analysis, $p < 0.05$.

San Diego High School Survey
10-year Trend Analysis Report

Black*
Sexual Behaviors

	Health Risk Behavior and Percentages					**Linear Change**[†]	**Quadratic Change**[†]	**Change from 2019-2021**[§]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			

QN82: Percentage of students who were ever tested for human immunodeficiency virus (HIV) (not counting tests done if they donated blood)

	14.7	11.6	13.0	11.7	6.4	No linear change	Not available[¶]	No change

QN83: Percentage of students who were tested for a sexually transmitted disease (STD) other than HIV, such as chlamydia or gonorrhea (during the 12 months before the survey)

				10.4	4.7	No linear change	Not available	No change

[*]Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[§]Based on t-test analysis, $p < 0.05$.
[¶]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Black*
Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages						Linear Change[†]	Quadratic Change[†]	Change from 2019-2021 [§]
2011	2013	2015	2017	2019	2021			

QNOWT: Percentage of students who were overweight (>= 85th percentile but <95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts)[¶]

2011	2013	2015	2017	2019	2021	Linear	Quadratic	Change
17.1	24.8	22.2	24.7	17.6	17.3	No linear change	No quadratic change	No change

QNOBESE: Percentage of students who had obesity (>= 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts)[¶]

2011	2013	2015	2017	2019	2021	Linear	Quadratic	Change
13.7	15.2	12.6	11.8	13.5	22.1	No linear change	No quadratic change	No change

[*]Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[§]Based on t-test analysis, $p < 0.05$.
[¶]Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

San Diego High School Survey
10-year Trend Analysis Report

Black*
Physical Activity

	Health Risk Behavior and Percentages					Linear Change[†]	Quadratic Change[†]	Change from 2019-2021 [§]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			

QN77: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)

2011	2013	2015	2017	2019	2021	Linear	Quadratic	Change
49.6	50.1	54.9	42.4	38.8	44.9	No linear change	No quadratic change	No change

QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)

2011	2013	2015	2017	2019	2021	Linear	Quadratic	Change
19.7	23.1	13.5	22.2	21.5	26.1	No linear change	No quadratic change	No change

QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)

2011	2013	2015	2017	2019	2021	Linear	Quadratic	Change
31.1	31.6	34.3	23.1	14.5	18.8	Decreased, 2011-2021	No quadratic change	No change

*Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[§]Based on t-test analysis, $p < 0.05$.

San Diego High School Survey
10-year Trend Analysis Report

Black*
Physical Activity

		Health Risk Behavior and Percentages				Linear Change[†]	Quadratic Change[†]	Change from 2019-2021 [§]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			

QN80: Percentage of students who played on at least one sports team (counting any teams run by their school or community groups, during the 12 months before the survey)

59.2	63.3	68.7	61.1	53.0	50.7	No linear change	No change, 2011-2015 Decreased, 2015-2021	No change

QN81: Percentage of students who had a concussion from playing a sport or being physically active (one or more times during the 12 months before the survey)

			19.5	20.9	7.5	Decreased, 2017-2021	Not available[¶]	Decreased

[*]Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[§]Based on t-test analysis, $p < 0.05$.
[¶]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Black*
Other

		Health Risk Behavior and Percentages				Linear Change[†]	Quadratic Change[†]	Change from 2019-2021 [§]
2011	2013	2015	2017	2019	2021			

QN86: Percentage of students who got 8 or more hours of sleep (on an average school night)

		27.5	26.9	24.1	26.2	No linear change	Not available[¶]	No change

*Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[§]Based on t-test analysis, $p < 0.05$.
[¶]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Black*
Site-Added

		Health Risk Behavior and Percentages				Linear Change[†]	Quadratic Change[†]	Change from 2019-2021 [§]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			

QN88: Percentage of students who are transgender

| | | | 2.0 | 0.0 | 5.2 | Not available | Not available[¶] | Not available |

QN89: Percentage of students who think other people at school would describe them as equally feminine and masculine

| | 8.1 | 9.4 | 10.9 | 17.7 | 18.5 | No linear change | Not available | No change |

QN90: Percentage of students who reported someone they were dating or going out with purposely tried to control them or emotionally hurt them one or more times (such things as being told who they could and could not spend time with, being humiliated in front of others, or being threatened if they did not do what they wanted, during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)

| | | | 14.7 | 11.7 | 18.5 | No linear change | Not available | No change |

[*]Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[§]Based on t-test analysis, $p < 0.05$.
[¶]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Black*
Site-Added

Health Risk Behavior and Percentages						Linear Change[†]	Quadratic Change[†]	Change from 2019-2021 [§]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			
QN91: Percentage of students who have ever been given money, a place to stay, food, or something else of value in exchange for sex								
			6.9	0.0	2.4	Not available	Not available[¶]	Not available
QN98: Percentage of students who have been harassed because someone thought they were gay, lesbian, or bisexual (one or more times during the 12 months before the survey)								
9.3	4.4	13.8	23.1	22.3	21.3	Increased, 2011-2021	No quadratic change	No change
QN99: Percentage of students who have teased or called someone names because the students thought they were gay, lesbian, or bisexual (during the 12 months before the survey)								
			17.2	9.3		No linear change	Not available	No change
QN100: Percentage of students who had texted, e-mailed, or posted electronically a revealing or sexual photo of themselves (during the 30 days before the survey)								
		13.5	20.3	8.1	12.5	No linear change	Not available	No change

[*]Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[§]Based on t-test analysis, $p < 0.05$.
[¶]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Black*
Site-Added

		Health Risk Behavior and Percentages				Linear Change[†]	Quadratic Change[†]	Change from 2019-2021 [§]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			

QN101: Percentage of students who reported a revealing or sexual photo of them had been texted, e-mailed, or posted electronically without their permission (during the 30 days before the survey)

		7.1	4.7	4.0	9.4	No linear change	Not available[¶]	No change

QN102: Percentage of students who did something to purposely hurt themselves without wanting to die (such as cutting or burning themselves on purpose one or more times during the 12 months before the survey)

12.6	7.7	13.8	11.4	16.0	19.3	No linear change	No quadratic change	No change

QN106: Percentage of students who have been pregnant or gotten someone pregnant (one or more times)

7.6	1.9	5.8	2.0	1.1	3.8	No linear change	No quadratic change	No change

QN107: Percentage of students who have ever participated in oral sex

38.5	30.7	31.9	36.5	32.9	29.6	No linear change	No quadratic change	No change

[*]Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[§]Based on t-test analysis, $p < 0.05$.
[¶]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Black*
Site-Added

		Health Risk Behavior and Percentages				Linear Change[†]	Quadratic Change[†]	Change from 2019-2021[§]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			

QN112: Percentage of students who have been taught about AIDS or HIV infection in school

| | | | | 74.2 | 82.9 | No linear change | Not available[¶] | No change |

QN113: Percentage of students who have ever been taught in school about how to use a condom to prevent pregnancy or sexually transmitted diseases (STDs) (including HIV)

| | | | 73.8 | 81.6 | 76.5 | No linear change | Not available | No change |

QN114: Percentage of students who have ever been taught in school about where they could get sexual health services (such as birth control, condoms, or HIV or other sexually transmitted disease (STD) testing or treatment)

| | | | 67.0 | 79.7 | 70.8 | No linear change | Not available | No change |

[*]Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
[§]Based on t-test analysis, p < 0.05.
[¶]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Black*
Site-Added

Health Risk Behavior and Percentages						Linear Change[†]	Quadratic Change[†]	Change from 2019-2021 [§]
2011	2013	2015	2017	2019	2021			

QN117: Percentage of students who disagree or strongly disagree that their school has clear consequences for students who bully or harass other students

2011	2013	2015	2017	2019	2021	Linear Change	Quadratic Change	Change from 2019-2021
		18.4	21.2	20.9	20.8	No linear change	Not available[¶]	No change

QN125: Percentage of students who strongly agree or agree that they feel close to people at their school

2011	2013	2015	2017	2019	2021	Linear Change	Quadratic Change	Change from 2019-2021
				57.2	50.0	No linear change	Not available	No change

[*]Non-Hispanic.
[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[§]Based on t-test analysis, $p < 0.05$.
[¶]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Hispanic
Injury and Violence

		Health Risk Behavior and Percentages				Linear Change*	Quadratic Change*	Change from 2019-2021 [†]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			

QN9: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle, one or more times during the 30 days before the survey)

27.1	22.1	23.4	16.8	18.6	14.6	Decreased, 2011-2021	No quadratic change	Decreased

QN10: Percentage of students who drove a car or other vehicle when they had been drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)

	6.0	7.0	7.4	5.0	7.0	No linear change	Not available[§]	No change

QN11: Percentage of students who texted or e-mailed while driving a car or other vehicle (on at least 1 day during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)

	28.2	24.1	26.7	23.2	17.3	Decreased, 2013-2021	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Hispanic
Injury and Violence

Health Risk Behavior and Percentages						Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			
QN12: Percentage of students who carried a weapon on school property (such as a gun, knife, or club, on at least 1 day during the 30 days before the survey)								
4.9	2.4	3.9	5.6	3.1	3.1	No linear change	No quadratic change	No change
QN13: Percentage of students who carried a gun (not counting the days when they carried a gun only for hunting or for a sport such as target shooting, on at least 1 day during the 12 months before the survey)								
			4.8	3.1	3.0	No linear change	Not available[§]	No change
QN14: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)								
8.9	7.3	5.5	6.9	8.8	6.7	No linear change	No quadratic change	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Hispanic
Injury and Violence

Health Risk Behavior and Percentages						Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	2013	2015	2017	2019	2021			

QN15: Percentage of students who were threatened or injured with a weapon on school property (such as a gun, knife, or club, one or more times during the 12 months before the survey)

2011	2013	2015	2017	2019	2021	Linear Change	Quadratic Change	Change 2019-2021
7.6	3.4	5.4	4.8	5.2	4.3	No linear change	No quadratic change	No change

QN17: Percentage of students who were in a physical fight on school property (one or more times during the 12 months before the survey)

2011	2013	2015	2017	2019	2021	Linear Change	Quadratic Change	Change 2019-2021
13.4	6.3	8.0	11.3	11.2	7.8	No linear change	No quadratic change	No change

QN19: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)

2011	2013	2015	2017	2019	2021	Linear Change	Quadratic Change	Change 2019-2021
6.8	7.8	7.7	7.7	6.3	8.8	No linear change	No quadratic change	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.

San Diego High School Survey
10-year Trend Analysis Report

Hispanic
Injury and Violence

Health Risk Behavior and Percentages						Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	2013	2015	2017	2019	2021			

QN21: Percentage of students who experienced sexual dating violence (being forced by someone they were dating or going out with to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)

| | 11.1 | 9.6 | 13.6 | 11.0 | 13.3 | No linear change | Not available[§] | No change |

QN22: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)

| | 6.4 | 7.6 | 5.2 | 7.0 | 5.7 | No linear change | Not available | No change |

QN23: Percentage of students who were bullied on school property (ever during the 12 months before the survey)

| 16.7 | 12.7 | 13.9 | 13.0 | 12.5 | 10.4 | Decreased, 2011-2021 | No quadratic change | No change |

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Hispanic
Injury and Violence

Health Risk Behavior and Percentages						Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			

QN24: Percentage of students who were electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media, ever during the 12 months before the survey)

| 9.4 | 13.9 | 10.8 | 10.1 | 10.4 | 14.6 | No linear change | No quadratic change | No change |

QN25: Percentage of students who felt sad or hopeless (almost every day for >=2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey)

| 30.4 | 32.4 | 34.9 | 33.1 | 39.6 | 44.0 | Increased, 2011-2021 | No quadratic change | No change |

QN26: Percentage of students who seriously considered attempting suicide (during the 12 months before the survey)

| 13.0 | 17.0 | 17.9 | 14.7 | 19.0 | 23.0 | Increased, 2011-2021 | No quadratic change | No change |

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.

San Diego High School Survey
10-year Trend Analysis Report

Hispanic
Injury and Violence

Health Risk Behavior and Percentages						Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	2013	2015	2017	2019	2021			

QN28: Percentage of students who actually attempted suicide (one or more times during the 12 months before the survey)

2011	2013	2015	2017	2019	2021	Linear Change	Quadratic Change	Change 2019-2021
9.3	9.5	11.2	7.9	10.4	11.3	No linear change	No quadratic change	No change

QN29: Percentage of students who had a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (during the 12 months before the survey)

2011	2013	2015	2017	2019	2021	Linear Change	Quadratic Change	Change 2019-2021
2.6	2.4	2.7	1.3	3.4	3.8	No linear change	No quadratic change	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.

San Diego High School Survey
10-year Trend Analysis Report

Hispanic
Tobacco Use

	Health Risk Behavior and Percentages					Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			

QN32: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)

| 15.9 | 8.8 | 9.0 | 4.7 | 3.8 | 2.4 | Decreased, 2011-2021 | No quadratic change | No change |

QNFRCIG: Percentage of students who currently smoked cigarettes frequently (on 20 or more days during the 30 days before the survey)

| 3.1 | 0.8 | 1.6 | 0.7 | 0.3 | 0.6 | Decreased, 2011-2021 | No quadratic change | No change |

QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)

| 1.2 | 0.2 | 1.2 | 0.4 | 0.1 | 0.6 | No linear change | No quadratic change | No change |

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.

San Diego High School Survey
10-year Trend Analysis Report

Hispanic
Tobacco Use

		Health Risk Behavior and Percentages				Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			
QN34: Percentage of students who ever used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu])								
		54.0	44.0	44.1	35.2	Decreased, 2015-2021	Not available[§]	Decreased
QN35: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey)								
		25.8	7.8	17.1	13.5	Decreased, 2015-2021	Not available	No change
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)								
		2.6	1.1	4.0	3.2	No linear change	Not available	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Hispanic
Tobacco Use

	Health Risk Behavior and Percentages					Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)								
		2.3	0.9	1.9	1.7	No linear change	Not available[§]	No change
QNTB5: Percentage of students who currently smoked cigarettes or used electronic vapor products (on at least 1 day during the 30 days before the survey)								
		28.0	9.7	17.1	13.6	Decreased, 2015-2021	Not available	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Hispanic
Alcohol and Other Drug Use

	Health Risk Behavior and Percentages					Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			
QN41: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)								
41.9	30.7	28.0	27.1	24.4	24.8	Decreased, 2011-2021	Decreased, 2011-2015 No change, 2015-2021	No change
QN42: Percentage of students who currently were binge drinking (had four or more drinks of alcohol in a row if they were female or five or more drinks of alcohol in a row if they were male, within a couple of hours, on at least 1 day during the 30 days before the survey)								
			11.6	7.0	11.1	No linear change	Not available[§]	Increased
QN46: Percentage of students who tried marijuana for the first time before age 13 years								
15.2	12.2	10.8	8.9	9.0	10.1	Decreased, 2011-2021	No quadratic change	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Hispanic
Alcohol and Other Drug Use

							Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
Health Risk Behavior and Percentages									
2011	**2013**	**2015**	**2017**	**2019**	**2021**				

QN47: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)

2011	2013	2015	2017	2019	2021	Linear Change	Quadratic Change	Change from 2019-2021
28.1	25.7	20.6	20.5	23.6	16.5	Decreased, 2011-2021	No quadratic change	Decreased

QN48: Percentage of students who ever used synthetic marijuana (one or more times during their life)

2011	2013	2015	2017	2019	2021	Linear Change	Quadratic Change	Change from 2019-2021
		11.1	7.5	6.0	9.0	No linear change	Not available[§]	No change

QN49: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet, one or more times during their life)

2011	2013	2015	2017	2019	2021	Linear Change	Quadratic Change	Change from 2019-2021
			12.5	17.1	12.1	No linear change	Not available	Decreased

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Hispanic
Alcohol and Other Drug Use

Health Risk Behavior and Percentages						Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	2013	2015	2017	2019	2021			
QN50: Percentage of students who ever used cocaine (any form of cocaine, including powder, crack, or freebase, one or more times during their life)								
11.4	9.1	7.3	5.0	4.8	4.2	Decreased, 2011-2021	No quadratic change	No change
QN52: Percentage of students who ever used heroin (also called "smack," "junk," or "China White," one or more times during their life)								
		2.7	1.7	2.2	2.7	No linear change	Not available[§]	No change
QN53: Percentage of students who ever used methamphetamines (also called "speed," "crystal meth," "crank," "ice," or "meth," one or more times during their life)								
5.5	3.1	4.2	2.0	2.1	2.8	Decreased, 2011-2021	No quadratic change	No change
QN54: Percentage of students who ever used ecstasy (also called "MDMA" or "Molly," one or more times during their life)								
20.0	11.3	8.0	4.5	3.1	4.1	Decreased, 2011-2021	Decreased, 2011-2017 No change, 2017-2021	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Hispanic
Alcohol and Other Drug Use

	Health Risk Behavior and Percentages					Linear Change[*]	Quadratic Change[*]	Change from 2019-2021[†]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			

QN55: Percentage of students who ever injected any illegal drug (used a needle to inject any illegal drug into their body, one or more times during their life)

2.6	2.1	2.8	1.4	1.6	2.8	No linear change	No quadratic change	No change

QN56: Percentage of students who were offered, sold, or given an illegal drug on school property (during the 12 months before the survey)

36.8	32.3	30.0	29.5	27.3	21.7	Decreased, 2011-2021	No quadratic change	Decreased

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.

San Diego High School Survey
10-year Trend Analysis Report

Hispanic
Sexual Behaviors

		Health Risk Behavior and Percentages				Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			

QN57: Percentage of students who ever had sexual intercourse

| 48.8 | 40.1 | 37.7 | 34.0 | 35.4 | 22.0 | Decreased, 2011-2021 | No quadratic change | Decreased |

QN58: Percentage of students who had sexual intercourse for the first time before age 13 years

| 7.5 | 4.8 | 4.6 | 3.0 | 3.0 | 3.1 | Decreased, 2011-2021 | No quadratic change | No change |

QN59: Percentage of students who had sexual intercourse with four or more persons during their life

| 12.7 | 10.0 | 7.3 | 6.7 | 5.9 | 2.4 | Decreased, 2011-2021 | No quadratic change | Decreased |

QN60: Percentage of students who were currently sexually active (had sexual intercourse with at least one person, during the 3 months before the survey)

| 31.5 | 26.5 | 24.7 | 21.8 | 22.2 | 13.5 | Decreased, 2011-2021 | No quadratic change | Decreased |

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.

San Diego High School Survey
10-year Trend Analysis Report

Hispanic
Sexual Behaviors

Health Risk Behavior and Percentages						Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			
QN61: Percentage of students who drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active)								
23.3	18.5	18.6	19.0	14.7	23.1	No linear change	No quadratic change	No change
QN62: Percentage of students who used a condom during last sexual intercourse (among students who were currently sexually active)								
58.0	53.7	59.7	57.9	56.8	59.4	No linear change	No quadratic change	No change
QN82: Percentage of students who were ever tested for human immunodeficiency virus (HIV) (not counting tests done if they donated blood)								
	16.8	16.2	11.2	10.2	4.6	Decreased, 2013-2021	Not available[§]	Decreased
QN83: Percentage of students who were tested for a sexually transmitted disease (STD) other than HIV, such as chlamydia or gonorrhea (during the 12 months before the survey)								
				8.0	4.1	Decreased, 2019-2021	Not available	Decreased

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
[†]Based on t-test analysis, p < 0.05.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Hispanic
Weight Management and Dietary Behaviors

Health Risk Behavior and Percentages						Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	2013	2015	2017	2019	2021			

QNOWT: Percentage of students who were overweight (>= 85th percentile but <95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts)[§]

2011	2013	2015	2017	2019	2021	Linear Change	Quadratic Change	Change
21.8	17.8	20.6	18.5	20.0	18.6	No linear change	No quadratic change	No change

QNOBESE: Percentage of students who had obesity (>= 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts)[§]

2011	2013	2015	2017	2019	2021	Linear Change	Quadratic Change	Change
13.7	14.1	14.9	18.8	15.1	17.6	Increased, 2011-2021	No quadratic change	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. In addition, beginning in 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

San Diego High School Survey
10-year Trend Analysis Report

Hispanic
Physical Activity

		Health Risk Behavior and Percentages				Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			
QN77: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)								
38.3	44.2	44.4	40.1	40.4	41.4	No linear change	No quadratic change	No change
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)								
17.3	17.3	15.1	16.5	16.3	18.3	No linear change	No quadratic change	No change
QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)								
20.0	20.6	23.6	19.4	19.5	17.0	No linear change	No change, 2011-2015 Decreased, 2015-2021	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
[†]Based on t-test analysis, p < 0.05.

San Diego High School Survey
10-year Trend Analysis Report

Hispanic
Physical Activity

		Health Risk Behavior and Percentages				Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	2013	2015	2017	2019	2021			

QN80: Percentage of students who played on at least one sports team (counting any teams run by their school or community groups, during the 12 months before the survey)

2011	2013	2015	2017	2019	2021	Linear Change	Quadratic Change	Change from 2019-2021
42.7	45.3	50.5	48.0	45.0	42.4	No linear change	Increased, 2011-2015 Decreased, 2015-2021	No change

QN81: Percentage of students who had a concussion from playing a sport or being physically active (one or more times during the 12 months before the survey)

2011	2013	2015	2017	2019	2021	Linear Change	Quadratic Change	Change from 2019-2021
			16.6	14.1	9.9	Decreased, 2017-2021	Not available[§]	Decreased

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Hispanic
Other

		Health Risk Behavior and Percentages				Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			

QN86: Percentage of students who got 8 or more hours of sleep (on an average school night)

		30.5	29.0	24.2	32.2	No linear change	Not available[§]	Increased

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.
[†]Based on t-test analysis, p < 0.05.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Hispanic
Site-Added

	Health Risk Behavior and Percentages					Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			

QN88: Percentage of students who are transgender

| | | | 1.1 | 1.4 | 2.2 | No linear change | Not available[§] | No change |

QN89: Percentage of students who think other people at school would describe them as equally feminine and masculine

| 11.0 | 11.3 | 13.2 | 15.8 | 14.8 | | Increased, 2013-2021 | Not available | No change |

QN90: Percentage of students who reported someone they were dating or going out with purposely tried to control them or emotionally hurt them one or more times (such things as being told who they could and could not spend time with, being humiliated in front of others, or being threatened if they did not do what they wanted, during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)

| | | | 19.8 | 22.4 | 23.8 | No linear change | Not available | No change |

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Hispanic
Site-Added

Health Risk Behavior and Percentages						Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			

QN91: Percentage of students who have ever been given money, a place to stay, food, or something else of value in exchange for sex

			3.7	2.9	3.2	No linear change	Not available[§]	No change

QN98: Percentage of students who have been harassed because someone thought they were gay, lesbian, or bisexual (one or more times during the 12 months before the survey)

10.1	10.9	11.8	14.6	14.6	15.6	Increased, 2011-2021	No quadratic change	No change

QN99: Percentage of students who have teased or called someone names because the students thought they were gay, lesbian, or bisexual (during the 12 months before the survey)

				11.0	11.9	No linear change	Not available	No change

QN100: Percentage of students who had texted, e-mailed, or posted electronically a revealing or sexual photo of themselves (during the 30 days before the survey)

		14.8	15.3	12.7	10.6	Decreased, 2015-2021	Not available	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Hispanic
Site-Added

Health Risk Behavior and Percentages						Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	2013	2015	2017	2019	2021			

QN101: Percentage of students who reported a revealing or sexual photo of them had been texted, e-mailed, or posted electronically without their permission (during the 30 days before the survey)

		2.6	2.9	2.8	3.8	No linear change	Not available[§]	No change

QN102: Percentage of students who did something to purposely hurt themselves without wanting to die (such as cutting or burning themselves on purpose one or more times during the 12 months before the survey)

16.8	20.3	21.2	16.5	20.6	24.0	Increased, 2011-2021	No quadratic change	No change

QN105: Percentage of students who reported their partners were three or more years older than themselves the first time they had sexual intercourse (among students who have had sexual intercourse)

19.0	18.3	18.9	13.2	9.8	10.2	Decreased, 2011-2021	No quadratic change	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Hispanic
Site-Added

Health Risk Behavior and Percentages						Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			

QN106: Percentage of students who have been pregnant or gotten someone pregnant (one or more times)

| 6.3 | 3.5 | 3.4 | 3.0 | 2.9 | 1.4 | Decreased, 2011-2021 | No quadratic change | No change |

QN107: Percentage of students who have ever participated in oral sex

| 38.4 | 35.0 | 38.8 | 33.9 | 35.3 | 26.0 | Decreased, 2011-2021 | No change, 2011-2015 Decreased, 2015-2021 | Decreased |

QN112: Percentage of students who have been taught about AIDS or HIV infection in school

| | | | | 85.1 | 75.7 | Decreased, 2019-2021 | Not available[§] | Decreased |

QN113: Percentage of students who have ever been taught in school about how to use a condom to prevent pregnancy or sexually transmitted diseases (STDs) (including HIV)

| | | | 83.4 | 86.2 | 76.6 | Decreased, 2017-2021 | Not available | Decreased |

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

Hispanic
Site-Added

Health Risk Behavior and Percentages						Linear Change[*]	Quadratic Change[*]	Change from 2019-2021 [†]
2011	2013	2015	2017	2019	2021			

QN114: Percentage of students who have ever been taught in school about where they could get sexual health services (such as birth control, condoms, or HIV or other sexually transmitted disease (STD) testing or treatment)

2011	2013	2015	2017	2019	2021	Linear Change	Quadratic Change	Change 2019-2021
			79.1	82.3	62.5	Decreased, 2017-2021	Not available[§]	Decreased

QN115: Percentage of students who had a teacher or other adult in their school help them find a place where they could get tested for HIV or other sexually transmitted diseases (STDs) (among students who needed to find a place for HIV or other STD testing during the 12 months before the survey)

2011	2013	2015	2017	2019	2021	Linear Change	Quadratic Change	Change 2019-2021
			31.6	22.9	18.1	Decreased, 2017-2021	Not available	No change

QN116: Percentage of students who had a teacher or other adult in their school help them find a place where they could get birth control (among students who needed to find a place to get birth control during the 12 months before the survey)

2011	2013	2015	2017	2019	2021	Linear Change	Quadratic Change	Change 2019-2021
			33.6	26.5	30.0	No linear change	Not available	No change

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.

San Diego High School Survey
10-year Trend Analysis Report

**Hispanic
Site-Added**

		Health Risk Behavior and Percentages				Linear Change[*]	Quadratic Change[*]	Change from 2019-2021[†]
2011	**2013**	**2015**	**2017**	**2019**	**2021**			

QN117: Percentage of students who disagree or strongly disagree that their school has clear consequences for students who bully or harass other students

		20.2	18.4	21.2	20.3	No linear change	Not available[§]	No change

QN125: Percentage of students who strongly agree or agree that they feel close to people at their school

				66.5	55.2	Decreased, 2019-2021	Not available	Decreased

[*]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, $p < 0.05$.
[†]Based on t-test analysis, $p < 0.05$.
[§]Not enough years of data to calculate.